

Sacred Sites Journeys

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EGYPT 2027

Sacred Journey to Mystical Egypt

February 21st – March 10th, 2027

Featured Speaker: Janine Hartley

Tour Director/Meditation Facilitator: Andrea Mikana-Pinkham

Egyptologist Guide: Dr Vivian Zaki



<http://www.sacredsitesjourneys.com>

SACRED JOURNEY TO MYSTICAL EGYPT

Cairo • Giza • The Old Kingdom Temples

Preparation, grounding, remembrance of origins

Main tour February 21st – March 7th, 2027

A Pilgrimage of Remembering, Connection & Inner Illumination

Post-tour extension March 7th – 10th, 2027

A pilgrimage into the quieter, older currents of Egypt — the desert hermitages, the tombs of provincial nobles, and the sacred city of Akhetaton.



Day 1 - Arrival at the Threshold of Kemet

Sunday, February 21st - Cairo (D)

You arrive in the ancient land the Egyptians called *Kemet* — the Black Land, the fertile cradle of civilization. The desert air, the hum of Cairo, the distant silhouette of the pyramids: all of it signals the beginning of a sacred passage.

- Check into your Giza hotel, resting in the shadow of the Great Pyramid.
- Free time to settle, breathe, and attune.
- **7:00 PM — Welcome Dinner**
The group gathers for the first time, weaving the circle that will travel together through temples, mysteries, and inner landscapes.

Overnight: Pyramids Park Resort, Giza



Day 2 — The Guardians of the Horizon

Monday, February 22nd — Giza Plateau & Grand Egyptian Museum (GEM) (B/L/D)

The day begins with a gentle breakfast at your leisure then a morning presentation session with Janine Hartley, opening the spiritual arc of the journey.

A visit to the outside of the Great Pyramid and the Sphinx with two optional tours. As we gaze in wonder at these magnificent structures, some of the oldest in the world, we ponder about their influences upon the Egyptian civilisation. Our Egyptologist Dr. Vivian Zaki will give us detailed historical information, and Andrea and Janine will discuss various alternative theories relating to the ancient builders. Will we ever uncover the secrets hidden? These questions and more will offer us an interesting and exciting time among these ancient structures.

Giza Plateau — The Timeless Gate

You stand before the Great Pyramid, the Sphinx, the ancient Giza Plateau — a landscape built to mirror the stars.

Optional experiences allow you to deepen your connection:

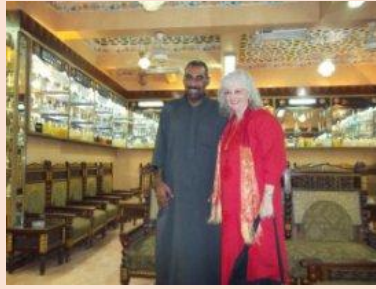
- Camel ride from the panoramic viewpoint
- Entrance into one of the pyramids open that day

Lunch at 9 Pyramids Restaurant overlooking the plateau nourishes body and spirit.

Grand Egyptian Museum — The House of Millions of Years

In the afternoon, you enter the GEM, home to the treasures of Egypt's kings and queens including the famous Tutankhamun collection. Here, the story of Egypt begins to unfold in stone, gold, and memory.

7 PM Group dinner in the hotel. **Overnight: Pyramids Park Resort, Giza**



Day 3 — Fragrance & Frequency

Tuesday, February 23rd — Giza (B/L/D)

A morning of rest or personal exploration — perhaps returning to the GEM to follow your own thread of curiosity.

The Alchemy of Oils

In the afternoon we visit Andrea and Mark's long-time friend, Gamal Abd'el Sami Zaki, a local Aromatherapist to learn about the ancient Egyptian art of scent alchemy. Gamal shares his vast knowledge with many people who come from many countries to study with him. He is also a Reiki Master and excellent psychic. Time allowing, he may offer each person a short psychic reading. He'll share about the healing and alchemical properties of the essential oils. You'll most likely want to take some of these high energy essential oils home with you! Here, fragrance becomes a doorway into memory, ritual, and subtle healing.

The evening closes with a shared meal and quiet integration.

7 PM Group dinner in the hotel.

Overnight: Pyramids Park Resort, Giza



Day 4 — The Island of Isis

Wednesday, February 24th — Flight to Aswan, Temple of Isis (B/box L/D)

This afternoon we depart for the Temple of Isis on the Island of Agilkia, the small island where the temples that were on the nearby Island of Philae were moved to when the Aswan High Dam was completed in 1970. The name *Philae* comes from the ancient Egyptian word *Pilak*, meaning the remote place. This southernmost site in Egypt was the last outpost of the 4,000 year-old ancient Egyptian spiritual tradition that venerated Isis, the Neter of Healing and Magic, wife/sister of Osiris, and mother of Horus.

Isis may be the oldest deity in Egypt, and certainly the oldest to survive in much the same form as in the ancient times. She may also be the most important, as She was worshipped almost universally by all Egyptians. As the major Goddess of the Egyptian pantheon, with many of the same attributes of other

Mother Goddesses found all over the world. She was revered as the Great Protector, prayed to for guidance, and beseeched for peace in the world. Her Egyptian name was Auset, which meant female of throne: Queen of the Throne. Teachings about the pre-dynastic Egyptians, from the oral tradition passed down through the ages, say that it was a matriarchal and matrilineal culture, and that the woman was the power behind the throne. The mother or sister chose the male who ruled. Thus, the throne that is shown carved on Isis' head in hieroglyphs in the temples. During the Greco-Roman period, this sacred island was the main cult center of Isis. Her worship lasted here until the 6th century CE, when it was outlawed by the Emperor Justinian. Though it died out here, Her influence spread to Greece and Rome and on throughout Europe. Some researchers believe that the Black Madonnas found in many cathedrals were representations of Isis and Her son Horus. During our meditation in or near the Holy of Holies we'll welcome Isis! As Her priestesses and priests did in ancient times, we'll call in Her Divine Feminine Mysteries and offer our heartfelt requests for healing and transformation.

Afterwards we return to the mainland, stopping for a brief visit at the Unfinished Obelisk to see this gigantic block of Aswan granite. Was it shaped by hand with copper chisels, as traditional Egyptology tells us? Or was it machined in the distant past by the ancient pre-dynastic Egyptians, and NOT carved by hand? Your eyes and intuition will tell you the truth!

You fly south to Aswan, where the Nile widens and the desert glows with Nubian light.

Temple of Isis — The Great Mother's Sanctuary

On the island of Philae, you enter the temple dedicated to Isis, She-Who-Restores. This is the first major initiation of the journey — a place of rebirth, magic, and feminine power.

A visit to the Unfinished Obelisk reveals the raw, living stone from which Egypt's monuments were born.

Check into the hotel and dinner.

Overnight: Basma Hotel, Aswan

Day 5 — The Sun's Great Temples

Thursday, February 25th — Aswan & Optional Abu Simbel (B/D)

A day of choice and flow.

Optional Pilgrimage to Abu Simbel

For those called, a journey to the colossal temples of Ramesses II and Nefertari — masterpieces aligned to the rising sun. Abu Simbel, site of two temples built by the Egyptian king Ramses II, now located in Aswān, southern Egypt. In ancient times the area was at the southern frontier of pharaonic Egypt, facing Nubia. The four colossal statues of Ramses in front of the main temple are spectacular examples of ancient Egyptian art. By means of a complex engineering feat in the 1960s, the temples were salvaged from the rising waters of the Nile River caused by erection of the Aswan High Dam.

Marketplace & Nubian Culture

Return to Aswan for a gentle afternoon exploring the options of marketplace, the Nubian Museum, and/or returning in the evening to the Sound & Light show at the Temple of Isis.

Buffet dinner at the hotel.

Overnight: Basma Hotel, Aswan



Day 6 — Birthplace of the Nile

Friday, February 26th — Elephantine Island & Embarkation (B/L/D)

After breakfast we depart to Elephantine Island, named for the Greek word meaning elephant. The more common name for the city by ancient Egyptians was *Sehel*. The name describes the city's function as a gate to the South, since elephants were basically brought from the Nubian lands south of here. We explore the ancient Temple of Khnum the main cult center of the ram-headed creator god. Khnum was the Neter of fertility, water and the Great Potter at their conception.

Andrea will lead a meditation to assist you to connect with the creative energies of Khnum.

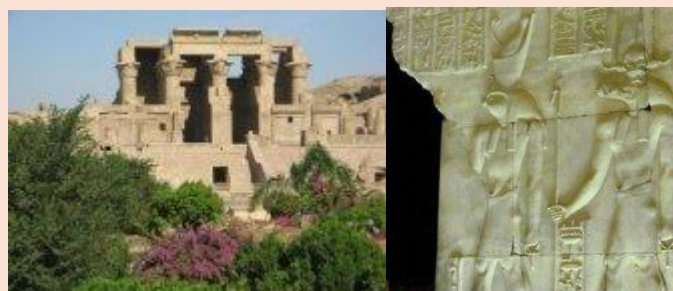
Afterwards we'll see a huge granite shrine, an amazing smoking gun that shows that the ancient pre-dynastic Egyptians used advanced machining techniques. We can also surmise about what natural catastrophe in the distant past could have knocked this huge box over on its side. We can use our psychic archaeology as we meditate next to this ancient artifact. Will you discover who built it? When? And why?

Here, the Nile's mysteries begin.

At noon, you board your Nile cruise ship, your floating temple for the next several days.

- Lunch onboard
- Free time to rest
- Afternoon presentation session with Janine
- Evening sail toward Kom Ombo

Overnight: M/S Chateau Lafayette



Day 7 — The Crocodile & the Falcon

Saturday, February 27th — Kom Ombo (B/L/D)

Depart for our visit to the Temple of Kom Ombo, a magnificent edifice of energy-filled ruins overlooking the Nile. Our visit will take us through this famous dual temple dedicated to the Neters. Sobek, the crocodile-headed Neter and Haoeris, (Horus the Elder), an early form of Horus. Kom Ombo is a temple of duality — Sobek the crocodile and Horus the falcon, shadow and light, instinct and vision. During our explorations

you'll have time for individual meditation at the main altar of the site to balance the Light & Dark within yourself. You explore its chambers, then return to rest or have a massage then gather on the upper deck in the evening for meditation and sharing as the sun sets over the river.

Overnight: M/S Chateau Lafayette



Day 8 — The House of Horus

Sunday, February 28th — Edfu

At Edfu, the Temple of Horus rises in near-perfect preservation. This is a temple of clarity, protection, and the triumph of light. Edfu Temple is dedicated to the Neter Horus, son of Isis and Osiris, the falcon-headed Neter who is the symbol of the Higher Self. The temple complex is one of the finest examples of Ptolemaic art in Egypt and perhaps one of the best-preserved of the entire ancient world. We will explore the various temples with our Egyptologist Vivian, viewing the richly decorated important scenes related to the divinities associated with the cult of Horus: Osiris, Isis, Sokar, and Khonsu.

Andrea will facilitate a meditation to assist you to call in the energies of Horus to help you strengthen your connection with your Higher Self.

The day flows with sailing, locks, river breezes, and evening reflection and meditation as the sun sets.

Overnight: M/S Chateau Lafayette

♀ THE DESCENT & ASCENT ALONG THE NILE

Luxor

Initiation, purification, remembrance. The river becomes your teacher. The temples become mirrors. The journey becomes inner.



Day 9 — The Great Temple of Amun

Monday, March 1st — Luxor: Mut Precinct & Karnak (B/D)

You disembark the cruise and step into ancient Thebes — the City of a Hundred Gates. Our first visit is to Radwan Jewellers & Gallery. Vivian, Andrea and Janine will take you to meet their long-time friends and spiritual brothers, a Sufi family who own and operate Radwan Jewelers and Gallery. You'll be able to find the perfect sacred amulet of your favorite Neter. Will it be Isis? Hathor? Sekhmet? Horus? Osiris? Who is calling you? This family of excellent silver and goldsmiths have many options from both types of metal for you to choose from. You can also order T-shirts for yourself, as well as for gifts, with your name embroidered in hieroglyphs.

Visit Karnak Temple, with Sekhmet Chapel and Precinct of Mut. Our first stop at Karnak Temple is the incomparable Sekhmet Chapel located in the Temple of Ptah. Sekhmet is one of the oldest of the Neters. Her name means Mighty One or Powerful One and is derived from the Egyptian word '*Sekhem*', which means power or might. She was the patroness of physicians, surgeons and healers. Because of Her power, She is sometimes portrayed in a negative way by traditional Egyptology. They often overlook Her qualities as Healer, Mother and Protector. Sekhmet's black granite statues show Her standing with a scepter in the shape of the papyrus, heraldic plant of Lower Egypt. Sekhmet seems to have recently been reinvented; to some people She has become the symbol of the modern-day empowered woman. She is still approached as a healer, bringer of justice and as a guardian or protector, but the emphasis has shifted so that She has transformed from what was almost a force of chaos into an icon of immanent female power.

Andrea will facilitate a meditation to assist you to connect with Sekhmet and Her powerfully protective Unconditional Love of the Mother, as well as the transformative energy that destroys the ego and brings you into alignment with your Higher Self. We'll call Her timeless energies to us for a great blessing.

Afterwards, we explore the vast Temple of Karnak, the largest columned temple in the world. Once connected to Luxor Temple, two miles away, by a long avenue of Sphinxes (which are still partially intact), Karnak is dedicated to the Neter Amun-Ra, the hidden Power of Creation, and his feminine counterpart, the Neter Mut. As the Egyptian creator deity par excellence, Amun was self-created and was thus hidden from humanity. However, the addition of Ra to His name revealed Him. Ra was the common Egyptian term for the sun, thus making Him visible. Hence, Amun-Ra combined within Himself the two opposites of divinity, the hidden and the revealed. We will explore the Temple of Amun, including the Holy of Holies.

We then visit the Festival Hall of Tuthmosis III, where some Rosacrucians believe their spiritual tradition originated. Some researchers indicate that here Tuthmosis III reorganized the ancient Mystery Schools of Thoth and founded the Royal School of the Master Craftsmen, which came to be known as the Great White Brotherhood. We'll take a few quiet moments for individual meditation to invite in the energies of this ancient mystical Order that still exists on the higher planes today. Be open to the Gifts of Spirit that you're sure to receive, as well as to receive any messages that might be bestowed upon you.

Our last stop at Karnak will be at the Precinct of Mut quintessence of the Divine Feminine, the Mother. She's intimately connected with Sekhmet through the mists of time, so it's possible that in the very ancient past, they were one and the same. We'll have time to wander among the many powerfully palpable statues of Mut to be near them to connect with her energy of Unconditional Love.

The Precinct of Mut

A quieter, more intimate sanctuary dedicated to the lioness-mother goddess. Here, the feminine power of creation and destruction is palpable.

Karnak Temple — The House of Amun-Ra

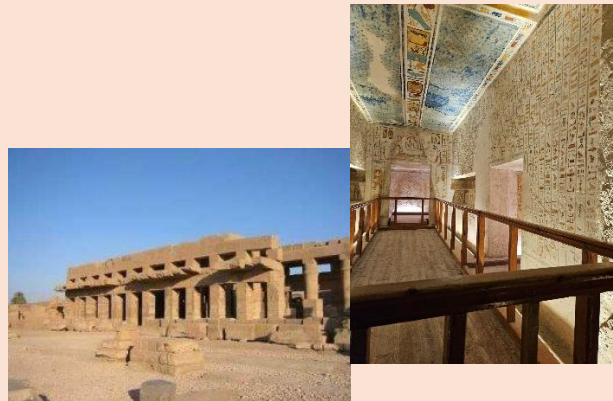
You walk through the Hypostyle Hall, a forest of stone columns rising like papyrus stalks toward the sky. In the Chapel of Sekhmet, the lioness goddess radiates fierce, cleansing presence.

This is a day of alignment, empowerment, and remembering your own inner sovereignty.

Optional tour to the Luxor Museum.

Buffet dinner at the hotel.

Overnight: Sonesta St. George, Luxor



Day 10 — The West Bank of the Dead

Tuesday, March 2nd — Valley of the Kings, Hatshepsut, Luxor Temple (B/D)

Depart across the Nile to the West Bank, which includes the Necropolis of Thebes, or the Valley of the Kings and Hatshepsut's Temple. In the Valley of the Kings, we explore the Mysteries of Death & Resurrection, as we visit ancient tombs of the pharaohs, still vibrant with scenes of ancient daily life and esoteric teachings about the afterlife. You have the option to buy a special ticket to visit the famous tomb of King Tut-Ankh-Amen, whose mummy is in situ.

Then we visit Queen Hatshepsut's magnificent Temple to Amun at Der el Bahari. The 5th Pharaoh of the 18th dynasty, Hatshepsut or *Maatkare* (Beloved of Maat) was one of the most famous of the few handfuls of the female Pharaohs who ruled Egypt in dynastic times. Her mortuary temple, *Djeser Djeseru* (Splendor of Splendors) is one of the most dramatically situated in the world and was designed by her architect/lover Senenmut. We visit the Birth Colonnade, the Anubis Chapel, the Punt Colonnade, the Chapel of Hathor and the Upper Terrace, where the Sanctuary of Hatshepsut and the Sanctuary of Amun are located.

We'll find an out-of-the-way area to sit and meditate for a few minutes to connect with the energies of this remarkable Pharaoh, inviting in the energy of the Divine Feminine.

Afterwards we'll make a brief stop at the Colossi of Memnon, enormous statues that are the remains of the mortuary temple of Amenhotep III. Recent excavations at the site have also unearthed other statues of this famous Pharaoh, father of Amenhotep IV, who became known as Akhenaten.

Optional Dawn Balloon Ride

For those called, you rise before the sun and float above the West Bank — a silent, golden flight over temples, tombs, and the desert's ancient bones.

Valley of the Kings

You enter the painted corridors of the pharaohs, walking the symbolic path of the sun god through night toward rebirth.

Temple of Hatshepsut

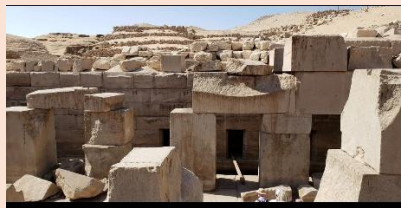
A temple of elegance and power, built for Egypt's great female pharaoh. Her terraces echo with the memory of incense, procession, and devotion.

Luxor Temple at Dusk

Our evening visit under the stars to magnificent Luxor Temple is a real treat! We walk the well-worn pathways of this amazing structure and connect with its ancient energies. As the sun sets, you enter Luxor Temple — a temple aligned to the human body, a living map of spiritual ascent. The stones glow honey-gold under the evening lights.

Buffet dinner at the hotel.

Overnight: Sonesta St. George, Luxor



Day 11 — The Path of Osiris

Wednesday, March 3rd — Abydos & the Osirian (B/box L/D)

You travel north to Abydos, the spiritual heart of ancient Egypt. Visit the Temple of Seti I & the Osirion. At Abydos the cradle of the oldest dynasties, the holy city that was the burial place for the first kings of a unified Pharaonic Egypt, as well as where an ancient pre-dynastic civilization built the magnificent Osirion. Ancient Egyptians were required to make a pilgrimage here at least once in their lifetimes; today we make ours.

The Temple of Seti I is dedicated to Osiris/Ausar, Neter of Death and the Underworld, as well as Resurrection and Renewal. Osiris was a Realized Being or Serpent of Wisdom/Priest King from the mists of time who was believed to have taught the skills of civilization to those living in the areaⁱ.

The Ptolemaic Temple of Seti I contains some of the best-preserved wall panels in all of Egypt, with colors that are still vivid! We explore the various rooms that are temples to the various Neters with our Egyptologist, Dr. Vivian Zaki. One temple wall contains the King's List, the chronological list of the cartouches of 76 kings and Pharaohs of Egypt, produced by scribes of Seti I. It's composed of the pharaohs

from the Early Dynastic Period before 3100 BCE through to the end of the Ptolemaic Dynasty, when Egypt became a province of Rome under Augustus Caesar in 30 BCE. Absent from the list are the heretic pharaoh Akhenaten, as well as Hatshepsut and other women pharaohs.

One of the highlights of our private entrance visit will be to the mysterious Osirion, built with gigantic stones only found in one other place in Egypt - the Valley Temple next to the Sphinx that we'll visit during our day on the Giza Plateau. With no mortar between these gigantic stones, this powerful building resembles many of the other ancient megalithic sites around the world, such as Sacsayhuaman in Peru and Stonehenge in England. Could it be that a civilization more technologically advanced than we today existed in the world at the same time, many thousands of years ago?

On one of the pillars in the temple we will see the ancient symbol of the Flower of Life. We'll explore the meaning of this symbol which, according to Sacred Geometry, is the building block of all life! Who painted it on the pillar here?

In this ancient mystery tradition, the Djed Pillar symbolized the Backbone of Osiris. On a mundane level it symbolized strength and support. On the more esoteric level it represented the kundalini, the spiritual energy that the initiate strove to awaken and move up the spine to the top of the head, awakening all energy centers during the process and eventually achieving Enlightenment. Like those of old, during our sacred ceremony you'll be supported to move your Djed energies upward for the rebirth of your New Self. Open your heart and rejoice as the old patterns that no longer serve you fall away and more Love and Light take their place.

Temple of Seti I

A masterpiece of devotion, artistry, and sacred geometry.
Its reliefs feel alive, as though the walls themselves breathe.

Private Entrance into the Osirion

This is one of the most profound moments of the entire pilgrimage. You descend into the megalithic, water-filled chamber — a symbolic tomb of Osiris, god of resurrection.

Here, the ancient mystery schools taught the cycle of death and rebirth.
Here, you stand in the stillness of the underworld, preparing for your own inner renewal.

Group dinner at the hotel.

Overnight: House of Life Hotel, Abydos



Day 12 — The Temple of Hathor

Thursday, March 4th — Dendera → Luxor → Cairo (B/box L/D)

Your journey to Dendera, home of Hathor — goddess of joy, beauty, music, and the stars. Time allowing, we may be able to visit Omm Sety's House. Dorothy Eady, who later became known as Omm Sety was born in London. After falling down a flight of stairs at the age of three, Dorothy Eady began having visions of a past life during which she had been the lover of Seti I, the Pharaoh who built a temple at Abydos.

Her longing for Egypt took her first to the British Museum, where she was taught hieroglyphs by E.A. Wallis Budge, then on to Cairo, where she worked with Selim Hassan and Ahmed Fakhry while living near the Giza pyramids. She finally went to Abydos, where she recognized the temple of Seti I as her former home. She spent the rest of her life as its Keeperⁱⁱ. In spite of her eccentricity, Omm Sety has always been regarded highly for her knowledge and character by the archaeologists and Egyptologists she met and worked with.

Dendera is the magnificent Ptolemaic temple dedicated to the Neter Hathor/Het-Her, the wife of Horus / Heru. Dendera is a Greek transliteration of the Egyptian *Enet-t-neter* or Home of the Goddess. The temple is often referred to today as the Lourdes of ancient Egypt because in ancient times it was a healing center and sacred place of initiation into the mysteries of male/female balance and sensual love.

Hathor's priestesses and priests offered miraculous cures, practicing all types of magical and psychological therapies. Hathor was also known as the Neter of Motherhood, with titles such as The Great Cow Who Protects Her Child and Mistress of the Sanctuary of Women. Her oracular priests and priestesses predicted the fate of the newborn; as well, they were also the midwives who delivered them. As the Protectress of Music and Dance, Hathor was associated with percussive music, particularly the sistrum. Her traditional votive offering was two mirrors, the better with which to see both Her beauty and your own. Her head was used to decorate sistrums and mirrors.

She was also the Neter of Joy who was deeply loved by the general population. She was very revered by women, who aspired to embody her multifaceted role as wife, mother, and lover. Her worship was so popular that more festivals were dedicated to her honor than any other Egyptian deity, and more children were named after Her than any other.

In the crypt of the main temple we'll explore some of the controversial theories about the amazing panels on the walls. Do the lightbulb-like objects represent an ancient technology of electricity, or some other form of energy known to and utilized by the ancient Egyptians? The process of kundalini rising maybe? Are they symbols esoteric teachings about spiritual evolution? In ancient times entrance into these underground chambers was limited to only the highest initiates, as the wall panels contain very esoteric information pertaining to alchemy, prehistory, and ancient wisdom.

In one of the upper rooms we'll view the replica of the famous Dendera Zodiac, the only complete working Zodiac that survives from antiquity! (The original one resides in the Louvre Museum in Paris). The zodiac is referred to by many researchers who have studied it for years as intentional art, a work of sacred art deliberately encoded with information. It is one of the most well-known sacred calendric artifacts in the world, on the level of Stonehenge and the Aztec calendar showing the positions of the stars and planets as they would have been seen at 50BCE, it nevertheless projects its messages forward to 2216 CE!

Here, in one of the out-of-the-way rooms of the ancient temple, among the powerful transformational energies of this sacred site, Andrea will facilitate a meditation to assist you to connect with the Greater Mysteries of Hathor and the Divine Feminine.

Dendera Temple

You walk beneath the famous blue ceilings, where the constellations dance in eternal procession. In the crypts, you feel the hum of ancient rites. On the rooftop, the sky opens like a blessing. This is where the

astrologers watched for the rising of Sirius and word would go out to all of Egypt that the time of the flooding of the Nile is near.

Afterward, you return to Luxor and fly to Cairo, carrying the sweetness of Hathor with you.

Buffet dinner at the hotel.

Overnight: Pyramids Park Resort, Giza



Day 13 — The Pyramids of the Ancestors

Friday, March 5th — Dahshur & Saqqara (B/L/D)

We start our day at Dahshur, located on the southern border of Land of Osiris, where we'll explore the Red Pyramid, possibly a *Per Neter* (house of nature) built out of limestone and granite, possibly to function as an energy device. We'll explore this theory and test it first-hand during our time inside, when we experience the acoustic harmonic resonance. Andrea will facilitate a sound healing session to enliven the sacred frequencies, perhaps as the priests and priestesses did in ancient times to reach higher states of consciousness.

Afterwards we'll stop nearby at the Bent Pyramid, built in the distant past from locally quarried limestone. What is the reason for the bend in the construction? We'll explore various theories. Does the bend in the construction of the outer surface produce two different sound frequencies, and thus two different energies? Egyptology says the structure was built by the Pharaoh Sneferu. Other theories say that it was built by the pre-dynastic Egyptians, and that the name *Sneferu* was not the name of any person, but rather that it translates as "double harmony", thus indicating its purpose as a resonance device with two different angles which produces two different tones. As we make our way through this amazing area, focus to receive the ancient energies into your heart, through your mind, in the way of the ancient ones who lived here in the past who believed the mind was in the heart. Time allowing, you'll also have the auspicious opportunity to explore inside this ancient edifice!

Noon - Lunch at a local restaurant at Saqqara

After lunch we're off to Saqqara, dedicated to the Neter Sokar and believed by traditional Egyptologists to be the earliest necropolis, or burial place, for the Pharaohs and royalty of the Memphis area. We enter the site by walking through the temple complex filled with rows of columns, where the ancient priests and priestess used sound to perform healings. The most famous part of the site is the Step Pyramid, traditionally believed to have been constructed about 2630 BCE by Imhotep, architect to King Djoser (Dynasty III). We will hear from our Egyptologist why some experts believe this to be the world's oldest freestanding stone structure. Andrea will share theories that refute this, to give us a different point of view of the history.

We'll also have the auspicious opportunity to visit the Serapeum, said by Egyptologists to have been associated with the cult of the Apis bulls, and believed to have been built during the 18th dynasty. Mainstream academics tell us that the bull was considered to be an incarnation of Ptah, with a white blaze

on its forehead and throat, a red saddle-like mark on its back, and a white belly. They were so important that when they died, a day of national mourning would be declared. After the bull was embalmed, its corpse was taken along the sacred way from Memphis to Sakkara, where it was interred in the Serapeum. However, there are other theories as to the use of these huge granite boxes. Perhaps they are evidence of ancient, advanced machining techniques that cannot be reproduced today by engineers. If we're fortunate to find ourselves alone here (which has happened during our last five journeys!) we'll have time for meditation among these ancient stone boxes and their very amazing energy.

Dahshur

You enter the **Red Pyramid**, one of the earliest true pyramids, and stand before the **Bent Pyramid**, a transitional form between worlds.

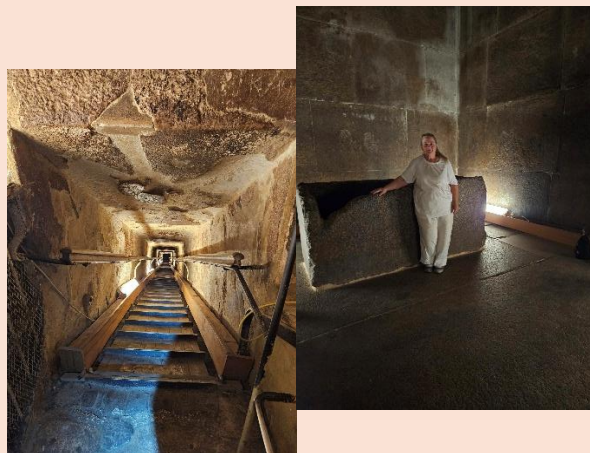
Saqqara

At the Step Pyramid of Djoser — the world's first monumental stone building — you feel the beginning of Egypt's architectural dream.

In the **Serapeum**, the subterranean halls echo with ancient silence and mystery.

Group dinner at the hotel.

Overnight: Pyramids Park Resort, Giza



Day 14 — The Chamber of Becoming

Saturday, March 6th — Private Great Pyramid Entrance (B/D)

A day of rest, integration, and preparation.

Private Entrance into the Great Pyramid

As we enter and climb up through the Ascending Passage and the Grand Gallery we enter the Upper Chamber for our closing meditation. In our private space away from the crowds, you will experience the powerful interdimensional energies that are very palpable in this ancient enigmatic edifice and will be able to connect with more of your higher frequencies. Andrea and Janine will assist you to activate your inner alchemical force in your chakra centers of power along your spine. Your inner Ba or Spirit will awaken and rise, and you will be a Kheper, the Arisen One, a term derived from Khephri, the resurrected beetle.

This evening you enter the Great Pyramid in private ceremony. This is the culmination of the entire pilgrimage- yet also the very beginning - the symbolic ascent through the chambers of initiation. You stand in the King's Chamber, granite humming around you, the geometry of the space amplifying intention.

breath, and presence. As you leave the pyramid in the dark you will be treated to not only the lights of Cairo, but the moon and stars are alive.

Farewell Dinner at the hotel.

A final shared meal, honouring the journey, the group, and the transformation that has unfolded.

Overnight: Pyramids Park Resort, Giza

Day 15 — Departure: Carrying the Light Home

Sunday, March 7th (B)

You depart Egypt, carrying the teachings, the memories, and the inner shifts that will continue to unfold long after your feet leave the desert.

POST-TOUR EXTENSION

Middle & Upper Egypt: The Forgotten Temples & Desert Mysteries

March 7th – 10th, 2027

THE DESERT REMEMBERS

Tuna el-Gebel • Beni Hassan • Tell el-Amarna • Hawara

Ancestral memory, desert silence, the first stirrings of the journey

Day 1 — Arrival at the Edge of the Desert

Sunday, March 7th – March 10th — Cairo → Giza (D)

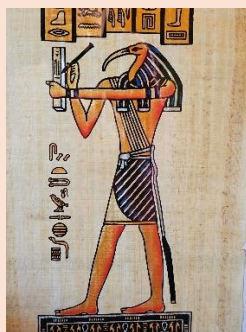
You arrive in Egypt and settle into Giza, the desert breathing just beyond the city's edge.

This evening, the pre-tour group gathers for a quiet welcome dinner — a gentle beginning before the deeper journey unfolds.

Welcome dinner with the group.

Overnight: Pyramids Park Resort, Giza

Day 2 — The Necropolis of Thoth



Monday, March 8th — Tuna el-Gebel & Hermopolis (B/L/D)

You travel south into Middle Egypt, where the desert widens and the land grows quieter.

Tuna el-Gebel — The Desert of Silence

Here lie the tombs of priests, scribes, and sacred animals devoted to **Thoth**, god of wisdom.

You visit:

- The Tomb of **Petosiris**, with its unique blend of Egyptian and Greek art
- The **Ibis catacombs**, where thousands of sacred birds were interred
- The Tomb of **Isadora**, a young woman whose story of beauty and tragedy still lingers in the air

Hermopolis — City of the Eight Primordials

You walk among the ruins of **El-Ashmunein**, ancient home of Thoth and the Ogdoad — the eight primordial forces of creation. A provincial capital since the Old Kingdom of ancient Egypt, to the Roman period.

Columns reminiscent of the Parthenon rise from the sand, whispering of Egypt's long dialogue with Greece.

Group dinner at the hotel.

Overnight: Omar El Khayam Al Minya Hotel

🏺 Day 3 — The Horizon of the Aten

Tuesday, March 9th — Beni Hassan & Tell el-Amarna (B/boxL/D)



Beni Hassan — Tombs of the Nobles

High in the cliffs above the Nile, you enter the rock-cut tombs of Middle Kingdom governors.

Their walls depict wrestling, agriculture, daily life — a vivid portrait of ancient Egypt beyond the royal courts.

You visit the tombs of:

- **Bakhet III**, Governor of the Oryx Nome
- **Khnumhotep**, a powerful official under Amenemhat III
- **Khety**, a governor of the 11th Dynasty

Tell el-Amarna — Akhenaten's Sacred City

You continue to the ruins of Akhetaton, the “Horizon of the Aten,” built by Akhenaten and Nefertiti about 1348 BCE it became the new capital of his kingdom when he abandoned the worship of Amon and devoted himself to that of Aton. Here, the desert holds the memory of a radical spiritual experiment — a city devoted to the sun's living light.

You explore:

- The Northern Tombs, including those of Ahmose and Huya
- The vast, open landscape where the royal city once stood
- The Visitor Centre, where you enjoy your lunch overlooking the desert plain

This is a day of stark beauty, spiritual intensity, and ancient echoes.

Group dinner at the hotel.

Overnight: Omar El Khayam Al Minya Hotel

🏺 Day 4 — The Labyrinth of Hawara



Wednesday, March 10th — Hawara → Giza (B/box/L/D)

You journey north to Hawara, site of the Pyramid of Amenemhat III and the legendary Labyrinth described by Herodotus — a vast complex of chambers now lost to time.

Hawara — The Hidden Labyrinth

You walk the grounds where the Labyrinth once stood, feeling the presence of a structure so intricate that ancient writers claimed it surpassed even the pyramids. Archaeologists continue to discover vast complexes deep underground. Afterward, you return to Giza to rejoin the main group and prepare for the full pilgrimage.

Group dinner at the hotel.

Overnight: Novotel Hotel, Cairo Airport

A Blessing for Your Pilgrimage

May the Nile carry your heart gently. May the temples open their doors to you. May the stones remember your footsteps. May you return home changed in all the right ways.



ⁱ Mark Amaru Pinkham writes about this in his newly revised and expanded popular classic *The Return of the Serpents of Wisdom - Special Edition*

ⁱⁱ Her amazing story is recounted by Jonathan Cott (*The Search for Omm Sety*, 1987).

About us:



Andrea Mikana-Pinkham - Andrea and Mark founded a sacred travel company in August 1993, and have operated and led spiritual pilgrimages yearly since that time to the world's sacred sites. Andrea is the Director of Sacred Sites Journeys, as well as our Featured Speaker, Meditation Facilitator and Tour Director.

She is co-founder, co-director and High Priestess of The Temple of the Golden Serpent. Andrea is a longtime Priestess in The Fellowship of Isis (Within the FOI she is also Dame Knight Commander in the The Noble Order of Tara), student, researcher and teacher of the ancient Egyptian Mysteries and has led over 30 spiritual pilgrimages to Egypt annually since 2000.



Dr. Vivian Zaki - is our dear friend and spiritual Sister. Our groups have found her to be extremely knowledgeable, very professional, and also very warm and friendly. Her dual degree is in Archaeology and Tourism, and she has over 28 years experience guiding groups in Egypt and is very open to our spiritual focus.



Janine Hartley - Our Guest Speaker on this magical journey is Egyptophile Janine Hartley. She's an avid and longtime student of Magical Egypt, the multi-season documentary series that is based on the research of the great Symbolist researcher and lay archaeologist John Anthony West. It explores ancient Egyptian architecture, symbolism, and cosmology as evidence of a sophisticated understanding of consciousness and perception.

Janine lives in Australia and has traveled the world visiting sacred sites and exploring the mystical stream that weaves through all the world's religions and paths.

She holds a Bachelor of Arts, including a focus in Religion and Indigenous Studies. She also has Qualifications in Adult Education, Theology and Permaculture. Now retired from lecturing in Social Work, she dedicates her time to studying her interests in ancient religion, and listening to people's journeys and stories.

As a Druid of over 30 years, Janine is a Member and Mentor of The Order of Bards, Ovates & Druids. She is a Member of the Anglesey Druid Order and the Isle of Wight Order.

Janine is a Tarot Reader, Sound Healer and life-long student of magic and mystical practice and theory. She integrates magic into everything she lives. She has led tours in ENGLAND to Glastonbury and led ritual at the Chalice Well.

Our Sacred Sites Journeys are smoke-free travel experiences. All forms of tobacco, as well as e-cigarettes are not allowed at any time during our spiritual journeys. We say a huge THANK YOU for your cooperation!

Janine travelled to EGYPT with Andrea as a tour participant in our 2025 Sacred Sites Journey.
"The magic of the land wove into my soul a deep love of it. I'm looking forward to sharing your journey with you!"

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Sacred Sites Journeys

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