

SACRED SITES JOURNEYS
A DIVISION OF HEARTLIGHT FELLOWSHIP



SPIRITUAL JOURNEY TO
EGYPT

MARCH 12 - 23, 2011
WITH TOUR HOST
KEVIN PHILLIPS

TOUR DIRECTOR & SPEAKER:
Andrea Mikana-Pinkham



Director, Sacred Sites Journeys
Teacher, The Khemit School of Ancient Mysticism
Member, Fellowship of Isis

SPEAKERS in GIZA
Wisdom Keepers and Teachers from
The Khemit School of Ancient Mysticism
Yousef Awyan and Patricia Awyan



Plus an Egyptologist Tour Guide

TOUR ITINERARY

(B = Breakfast; L = Lunch; D = Dinner)

Day 1. Saturday, March 12. To Cairo

Our international flight to Cairo departs New York City's JFK Airport in the early evening. Rest, relax, and snooze! During the overnight flight you can rest, relax, snooze, and perhaps dream about your upcoming sacred initiatory journey. What messages from Spirit will it hold? What gifts will you receive that will assist you to deepen your spirituality? (NOTE: While in flight, you will be given immigration and customs forms to fill out. Please fill these out during your flight.)

Day 2. Sunday, March 13. Arrive Cairo (D)

Arrive at Cairo International Airport at noon, local time. Deplane with your passport and the forms you filled out on the plane in your hand. Follow signs to Immigration. The bank where you will obtain your Egypt Tourist Visa is located adjacent to Immigration. There are several windows at the bank. Obtain your visa by paying \$15.00 US. (NOTE: This amount is currently correct, but could change.) After clearing Immigration, follow the signs to the baggage claim area, where our tour representative will meet you; he will assist you to gather your luggage, clear Customs will then take you outside the terminal to meet our local transfer personnel. Board your private air-conditioned motor coach for your private transfer to our luxurious hotel near the Great Pyramid and Sphinx. Andrea will meet the group when you arrive. Check in and rest a bit. Or, gaze in awe at the Great Pyramid from the hotel grounds. You are really here in this ancient land of mystery!! It's your dream come true! (You can order a light snack from room service, or eat in one of the hotel restaurants if you are hungry.)

This evening we enjoy our **Welcome Dinner**, a buffet of traditional Egyptian cuisine, at the hotel. Andrea will make pertinent announcements about tomorrow's tour activities.



Overnight Giza. Oasis Hotel.

Alexandria Road, Giza, Egypt

Phone (from the US): 011-20-385-255 or 285-2666

Fax (from the US): 011-20-383-5006

<http://www.oasis.com.eg/>

Set in lush gardens and palm trees, the modern Oasis Hotel is just three miles from Cairo's famous Pyramids and the inscrutable Sphinx. The 300 ground floor rooms are fully air-conditioned and include minibars, free newspapers, satellite television, complimentary toiletries, bathrobes and slippers. They are decorated in soft green tones with deep wall-to-wall carpet. Pampering treatments, including massages are offered in the hotel. Alternatively, guests can relax in the steam room or cool off in the hotel's large outdoor pool surrounded by colorful fruit and palm trees. The gift shop sells postcards and souvenirs. Guests can get physical with a game of tennis, basketball or volleyball, and take a jog round the running track. **Dining:** At night, the hotel stages



lively entertainment and dancing at the Palmyra nightclub and live music in the popular Thirsty Camel bar. The Palm Garden restaurant serves Lebanese dishes; guests can dine under the stars next to the waterfall feature and outdoor barbecue. The Bedouin Restaurant, with its arched ceilings and subtle lighting, creates an eastern atmosphere and serves Egyptian delicacies 24 hours a day. La Terazza, decorated in bistro style with reds and greens, offers Italian dishes, including

pizza, pasta, and rich desserts. The ISIS Restaurant offers traditional French dishes, accompanied by soft music **Recreation:** Swimming pool, tennis courts, basketball, children's playground, facility for jogging and table tennis are all available. You can also refresh yourself at the Aquarius Health Club and Spa. The fully equipped gym with all the latest machines is suitable for working out. Oasis in Cairo also includes a steam room, Jacuzzi, sauna and massage. **Hotel Facilities:** Boutique(s), Car Rental / Car Hire, Laundry Cleaning Service, Outdoor Swimming Pool, Parking / Car Park, Tennis Court(s), Wakeup Service **Room Amenities:** Air Conditioning, Hairdryer, Minibar, Telephone / Direct Dial, Satellite color television, Voltage 220/240 Room Service

Day 3. Monday, March 14. Giza Plateau; Awyan Gallery; Optional Tour: Sound & Light Show at the Sphinx (B)

After breakfast we depart for our morning on the Giza Plateau. We begin with a spectacular **camel ride** in the desert. Enjoy seeing the pyramids from this unique perspective! We end up at the Valley Temple of the Sphinx, where Andrea and the Awyans will point out an excellent **example of ancient machining techniques** used by the Egyptians in the ancient past - a smoking gun that supports current controversial theories surrounding the building of the amazing structures on the Giza Plateau.



Afterwards we will explore the **Valley Temple of the Sphinx**, with its white alabaster floor and incredible acoustics. With its alabaster floor and gigantic block walls, its unique construction makes this amazing structure an absolute wonder of engineering! With its distinctive architectural style, it's **among the oldest stone buildings in Egypt, if not the world.** The only other building similar to it is the mysterious Osirion at Abydos, in Upper Egypt (see Day 7 below). What is so remarkable about its construction is the sheer size of the stones used, as well as the incredible number of them. The square-built temple is built entirely of hundreds of limestone blocks, many of which exceed 200 tons each (the equivalent of nearly *300 family-sized cars*). What is also astounding is that the builders lifted these huge stones to heights of over 40 feet, which is even higher than the largest sarsen stones at Stonehenge; these only weigh 50 tons each. Egyptologists have confirmed by rock strata analysis that the huge limestone megaliths used in the construction of the Valley Temple came from the trench excavated from the bedrock by the builders of the Sphinx. Since geologist **Dr. Robert Schoch** of Boston University has **proved that the Sphinx is at least 8,000 years old**, the two monuments must have been built at the same time. However, the **Wisdom Keeper tradition** holds the opinion that both are **over 32,000 years old** and were built by the ancient Khemitians using ancient machining techniques that are still unknown to engineers today! They also believe that the Valley Temple was used for sound healing. With its alabaster floors and rounded-off stones used in the corners of the building, the acoustics are definitely incredible. We'll investigate this phenomenon.



Then we'll view **the Sphinx**, or **Tefnut**, as she is known by the Wisdom Keepers, from the causeway next to Her. Tefnut was a lunar Neter of moisture, humidity and water. Her name is related to water - *tf* is the root of the words for "spit" and "moist". Her name translates to "She of Moisture". She was the daughter of the creator god Ptah, as was sometimes known as the "Tongue of Ptah", denoting her creative force. She was the mother of the twin sky and the earth deities Nut and Geb, who were in turn the parents of Osiris, Isis, Nephthys, and Set. Tefnut was generally shown as a woman with a lion's head, or as a full lioness.



We'll **connect with Tefnut through individual meditation**, asking Her to guide us on our initiatory journey. Perhaps your "psychic archaeology" will tap into Her and She will whisper Her messages about Her true purpose in ancient times, as well as the people who carved Her out of the surrounding bedrock!

We then continue on to **view the Great Pyramid**, the **last standing Wonder of the Ancient World**, and other pyramids on the Giza Plateau. As we gaze in wonder at these magnificent structures, some of the oldest in the world, we ponder on their influences upon the Egyptian civilization. Our Egyptologist will give us detailed historical information, and Andrea will discuss theories from the indigenous Egyptian Wisdom Keepers tradition as to when and who built them. Who will ever really know the truth behind the building and construction of the timeless monuments? Who will ever uncover all their hidden secrets? These questions and more will offer us an interesting and exciting time among these ancient structures.



Lunch on your own with the group.

Afterward we visit **the Awyan Gallery**, where you will meet the Wisdom Keepers and Teachers in The Khemit School of Ancient Mysticism. **Yousef Awyan** will share fascinating information about the ancient pre-dynastic Egyptians, or Khemitians. Some of the mysteries about who built the Sphinx, the pyramids and more will be unraveled for you!



Patricia Awyan will offer you information pure essential oils, how they can assist you in your spiritual growth and physical and emotional health. You'll be able to purchase the oils for the chakras, as well as the ones that are associated with the sacred sites we'll be visiting.

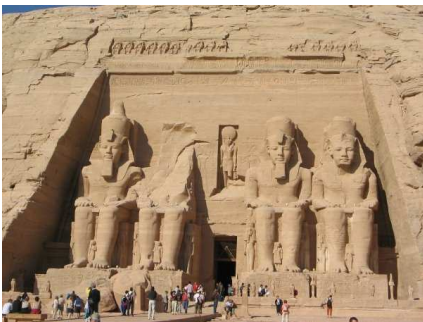
You can also purchase **one-of-a-kind sculptures of the Neters** carved from stones from the Giza Plateau by Moses, Yagoob, or Yousef Awyan, artisans of the highest caliber. These powerful initiatory pieces will hold sacred places on your altar for years to come, as they carry both the energy of the Neter of your choice and that of the plateau! You can place your order to pick up on our return to Cairo at the end of our sacred journey.

Return to the hotel on your own via taxi. Dinner on your own.

Optional Tour - Sound and Light Show at the Sphinx: The dazzling light show with the awe-inspiring backdrop of the Sphinx and Pyramids is beautiful and inspiring! You get a glimpse back in time to see, feel, and imagine how it was when the powerful ancient Egyptians ruled.

Overnight Giza. Oasis Hotel.

Day 4. Tuesday, March 15. Fly to Aswan; Optional Tour: Abu Simbel (B/L/D)



Morning optional visit to **Abu Simbel**, accompanied by our Egyptologist. Located near the southern border of Egypt with Sudan. The Great Temple is dedicated to **Ramesses II** and **Queen Nefertari**, the love of his life. The temple's facade is dominated by four enormous seated statues of the Pharaoh, each over 67 feet high. The temples were shifted to higher ground in the 1960s as the waters of Lake Nasser began to rise following completion of the Aswan High Dam. Return to Aswan and check into the cruise ship. Lunch onboard.

For those not taking the optional visit to Abu Simbel, check out of hotel and transfer to the airport for the flight to Aswan. Arrive and transfer to the

cruise ship. Check into our rooms and enjoy lunch onboard.

In the afternoon we visit spectacular **Elephantine Island**, named for the Greek word meaning 'elephant'. The more common name for the city by ancient Egyptians was Sehel, which also meant 'elephant'. The name describes the city's function as a gate to the South, since elephants were basically brought from the south towards Nubia. Here we will explore the ancient **Temple of Khnum**, the main cult center of the ram-headed creator god. Khnum was the Neter of fertility, water and the **Great Potter** who created children and their ka (the double that lingered on in the tomb inhabiting the body or even statues of the deceased, but was also independent of the body and could move, eat and drink at will), at their conception. Khnum is believed by some experts to have been a pre-dynastic god. He was the guardian of the source of the Nile, and was originally a Nile god who became a helper of Hapi. Then his role changed from the river god to the one who made sure that the right amount of silt was released into the water during the Nile's annual inundation. He worked with the silt, the soil that the ancient potters used, and thus became the great potter who not only molded men and women, but who molded the gods themselves and even the world. We'll take time for meditation, during which you'll receive an **Empowerment Initiation from Khnum**.



We'll see a huge granite shrine, yet another smoking gun for advanced machining techniques used by the ancient Egyptians! We can also surmise what natural catastrophe in the distant past could have knocked this huge box over on its side. Time allowing, we will also visit both the old and new museums, which are full of many interesting artifacts, including a mummified ram of Khnum.

Afterwards we visit a local Nubian home near our hotel. We'll enjoy their warm hospitality as we learn of some of the unique aspects of their culture, which has been in this area since antiquity. The women offer henna tattoos. As well you can buy a memento of your visit: woven baskets, handmade beaded necklaces, bracelets and earrings and much more.

We enjoy a sunset felucca ride on the Nile, then return to the ship. Dinner onboard.

Overnight Cruise Ship.

Day 5. Wednesday, March 16. Temple of Isis, Unfinished Obelisk, Kom Ombo Temple (B/L/D)

After breakfast we depart to the **Island of Agilkia**, the small island where the temples that were on the **Island of Philae** were moved to when the Aswan High Dam was completed in 1970. The name *Philae* comes from the ancient Egyptian word *Pilak*, meaning “the remote place.” This southernmost site in Egypt was the last outpost of the 4,000 year-old ancient Egyptian spiritual tradition that venerated **Isis**, the Neter of Healing and Magic, wife/sister of Osiris, and mother of Horus.

Isis may be the oldest deity in Egypt, and certainly the oldest to survive in much the same form as in the ancient times. She may also be the most important, as She was worshipped almost universally by all Egyptians. As the major Goddess of the Egyptian pantheon, with many of the same attributes of other Mother Goddesses found all over the world, She was revered as the great protector, prayed to for guidance, and beseeched for peace in the world. Her Egyptian name was *Auset*, which meant “female of throne”, i.e. Queen of the Throne. In the matriarchal and matrilineal Khemitian culture, the woman was the power behind the throne. During the Greco-Roman period, this sacred island was the main cult center of Isis. Her worship lasted here until the 6th century CE, when it was outlawed by the Emperor Justinian. Though it died out here, Her influence spread to Greece and Rome and on throughout Europe. Some researchers believe that the Black Madonnas were representations of Isis and Her son Horus.



We'll enter the **Temple of Isis**, where we'll welcome Her into Her shrine in the Holy of Holies. As Her priestesses and priests did in ancient times, we'll tie cords in knots to call in Her powerful magic! Then as the sun comes up, we'll offer our heartfelt requests for healing and transformation. She will bestow upon us a sacred **Initiation into Her Divine Mysteries**, supporting you to develop your healing powers for any new projects that you're bringing into manifestation, as well as to connect with Her Unconditional Love of the Divine Feminine. You will be forever connected with Her!



Afterwards we have a guided visit to the various areas of the temple with our Egyptologist, then free time to explore on your own.

Afterwards we visit the Unfinished Obelisk.

We return to Aswan for lunch onboard our cruise ship. We have lunch onboard as we begin sailing. You then have free time in the afternoon to enjoy sailing.

In the early evening we round a bend in the Nile and behold magnificent edifice of energy-filled ruins overlooking the will take us through this famous dual temple dedicated to the (right) and **Haoeris**, (Horus the Elder), an early form of have meditation time to receive your initiation to balance the within yourself. Call upon Sobek to help you to overcome an keeping your from uniting with the energies of Horus, Higher Self.



Kom Ombo, a river. Our visit Neters **Sobek** Horus. You will Light & Dark fears that are symbol of your

Return to cruise ship. Dinner onboard. Sail to Edfu. Arrive during the night.

Overnight Cruise Ship.

Day 6. Thursday, March 17. Edfu Temple (B/L/D)



After breakfast we depart for our morning visit to **Edfu Temple**, dedicated to **Horus**, son of Isis and Osiris, the falcon-headed Neter who is the symbol of the Higher Self. The temple complex is one of the finest examples of Ptolemaic art in Egypt and perhaps one of the best preserved of the entire ancient world. We will explore the various temples with our Egyptologist, viewing the richly decorated important scenes related to the divinities associated with the cult of Horus: Osiris, Isis, Sokar, and Khonsu. Our Sacred Ceremony facilitated by Andrea will connect us with our 3rd chakra energies and Horus, so that you can use your creative energies to **strengthen your connection with your Higher Self**. Return to cruise ship.

Lunch onboard. We continue sailing to Luxor. Free time onboard. Dinner onboard. We arrive in Luxor in the evening. **Overnight Cruise Ship.**

Day 7. Friday, March 18. Valley of the Kings & Hatshepsut's Temple; Alabaster Factory; Radwan Jeweler's; Luxor Temple (B/L/D)

We depart after breakfast to the Necropolis of Thebes, along the West Bank of the Nile. In the **Valley of the Kings** we explore the Mysteries of Death & Resurrection as we visit ancient tombs of the pharaohs, vibrant with scenes of ancient daily life and esoteric teachings about the afterlife.

The next stop is **Queen Hatshepsut's magnificent Temple to Amun** at Der el Bahari. The 5th Pharaoh of the 18th dynasty, Hatshepsut or Maatkare ("Truth is the Soul of the Sun God") was one of the most famous of the few handful of the female Pharaohs. Her mortuary temple, Djeser Djeseru ("Splendor of Splendors"), is one of the most dramatically situated in the world and was designed by her architect Senmut. We visit the Birth Colonnade, the Anubis Chapel, the Punt Colonnade, the Chapel of Hathor and the Upper Terrace, where the Sanctuary of Hatshepsut and the Sanctuary of Amun are located. Find an out-of-the-way area to sit and meditate for a few minutes to connect with the energies of this remarkable Pharaoh, inviting in the **Divine Feminine**.



Our last stop for the morning is at a local **alabaster factory**, where you will see demonstrations of how this stone is worked into many different and beautiful items. Time for making your purchases to carry home for yourself and gifts for others as well.

Return to cruise ship. Lunch onboard.

In the afternoon we visit **Radwan Jeweler's**, where you will be able to find the perfect sacred amulet of your favorite Neter. Will it be Isis? Hathor? Sekhmet? Horus? Who is calling you? You'll also be able to order a galabayah measured to fit you perfectly, as well as a 100% Egyptian cotton t-shirt with your name in hieroglyphics. A great place to shop for gifts for family and friends too! Then we stop at a local **papyrus factory**, where we view a demonstration of how the ancient Egyptians made and kept their documents, and have the opportunity to acquire some of the finest papyrus art that you will see in all of Egypt.

Return to cruise ship. Free time.



Our evening visit under the stars to magnificent **Luxor Temple** is a real treat! In the cool of the evening we walk the well-worn pathways of this amazing structure and connect with its ancient energies. In the Holy of Holies Andrea will facilitate a **meditation** to support you to connect more fully with your **Third Eye intuitive energies**, to bring that which is usually hidden from your conscious self into the Light, for your continued spiritual evolution. During our visits here with groups in the past many people have captured **orbs** in their photos, such as the one at the right. We'll explore this exciting light phenomenon and what it means in this time in the evolution of consciousness.

Return to cruise ship. Dinner onboard. **Overnight Cruise Ship.**

Day 8. Saturday, March 19. Karnak Temple; Dendera Temple; Optional Tour: Luxor by Night in a Horse-Drawn Carriage (B)

We disembark the cruise ship after breakfast. Then we're off to visit **Karnak Temple**, the largest columned temple in the world. During our time there we'll explore and experience the incomparable **Sekhmet Chapel**, located in the Temple of Ptah. **Sekhmet** is one of the oldest of the Neters. Her name means "Mighty One" or "Powerful One" and is derived from the Egyptian word '*Sekhem*', which means "power" or "might". She was the patroness of physicians, surgeons and healers. Because of Her power, She is sometimes portrayed only in a negative way. This could be due to the legends of how She, as the destructive Eye of Ra, was sent forth to punish humanity for its mockery of Her Father, Ra. As the counterpart of the cat goddess Bast, together they represent a duality of good and evil; yet Sekhmet herself is portrayed as having both good and evil sides. Her qualities as Healer, Mother and Protector are often overlooked by traditional Egyptology. Sekhmet's black granite statues show Her standing with a scepter in the shape of the papyrus, heraldic plant of Lower Egypt. As with the Goddess Isis, Sekhmet seems to have recently been reinvented, and to some people She has become the symbol of the modern woman. She is still approached as a healer, bringer of justice



and as a guardian or protector, but the emphasis has shifted so that She has transformed from what was almost a force of chaos into an **icon of immanent female power**.

Andrea will facilitate a **Sacred Ceremony** to connect with Sekhmet, the Neter who personifies the powerfully protective Unconditional Love of the Mother, and the transformative energy that destroys the ego and brings you into alignment with your Higher Self. She was also known as the Lion Goddess, companion of Ptah, and "Daughter of Ra," as well as the All Powerful One. Through meditation and chanting, we will call Her timeless energies to us for a great blessing. She will enfold you in Her loving arms and bless you with an initiation that will gift you with increased empowerment of the Divine Feminine in your Being.

Afterwards, we explore the energies of this vast temple. Once connected to Luxor Temple, two miles away, by a



long avenue of Sphinxes (which are still partially intact), Karnak is dedicated to **Amon-Ra**, the Power of Creation, and his wife **Mut**. The Temple is the largest columned temple in the world. Other areas contain obelisks that were beacons to the pilgrims that made their way here in ancient times. We'll explore the **Temple of Amun**. One of ancient Egypt's most complex theologies was the worship surrounding **Amun**, and later, **Amun-Re**. Amun represented absolute holiness, and in this regard, he was different than any other Egyptian deity. He was so holy that He remained independent of the created universe. He was associated with the air as an invisible force, which facilitated His growth as a supreme deity. As the Egyptian creator deity par excellence, He was self-created and was thus hidden from humanity. However, the addition of "Re" to His name revealed Him. Re was the

common Egyptian term for the sun, thus making Him visible. Hence, Amun-Re combined within Himself the two opposites of divinity, the hidden and the revealed.

We then visit the **Festival Hall of Tuthmosis III**, where some Rosacrucians believe their spiritual tradition originated. Some researchers indicate that it was here where Tuthmosis III reorganized the ancient Mystery Schools of Thoth and founded the Royal School of the Master Craftsmen, which came to be known as the **Great White Brotherhood**. Take a few quiet minutes to invite in the energies of this ancient Order that still exists on the higher planes today, and receive any messages that might be bestowed upon you.

We leave the temple complex and check in at hotel. Lunch on your own.



After lunch we head out to visit **Dendera**, the magnificent temple dedicated to the Neter **Hathor**. She was venerated in very ancient times and became the Neter of Motherhood, with titles such as "The Great Cow Who Protects Her Child" and "Mistress of the Sanctuary of Women". Her priests and priestesses were oracles who predicted the fate of the newborn; as well, they were also the midwives who delivered them. As the Protectress of Dance, Hathor was associated with percussive music, in particular the sistrum. Her traditional votive offering was two mirrors, the better with

which to see both Her beauty and your own. Her head was used to decorate sistrums and mirrors. She was also the Neter of Joy who was deeply loved by the general population. She was very revered by women, who aspired to embody her multifaceted role as wife, mother, and lover. Her worship was so popular that more festivals were dedicated to her honor than any other Egyptian deity, and more children were named after Her than any other.



The name Dendera is a Greek transliteration of the Egyptian *Enet-t-neter* ("Home of the Goddess"). Also known as "the Lourdes of ancient Egypt", in ancient times the temple was a **healing center** and **sacred place of initiation** into the **mysteries of male/female balance and sensual love**. Hathor's priestesses and priests offered miraculous cures, practicing all types of magical and psychological therapies. During your time at Her temple, in Her role as the great Goddess of Earthly Love and Healing, Hathor will bestow upon you the energies that will take you deeper into the unconditional love in your cosmic heart.

In the **Crypt** we'll explore some of the controversial theories about the amazing panels on the walls. Do the light-bulb like objects (Crooke's Tubes) represent an ancient technology of electricity, or some other form of energy known to and utilized by the ancient Khemitians? Or, are they symbols esoteric teachings about spiritual

evolution? In ancient times entrance into these underground chambers was limited to only the highest initiates, as the wall panels contain very esoteric information pertaining to alchemy, prehistory, and ancient wisdom. Here, in the transformational energies of this sacred site, we'll experience an **Initiation** into the **Greater Mysteries of the Divine Feminine**.



In one of the upper rooms we'll view the replica of the famous **Dendera Zodiac**, the only complete working Zodiac that survives from antiquity! (The original one resides in the Louvre Museum in Paris.) The zodiac is referred to by many researchers who have studied it for years as "intentional art", a work of sacred art deliberately encoded with information. It's **one of the most well-known sacred calendric artifacts in the world**, on the level of Stonehenge and the Aztec calendar. Showing the positions of the stars and planets as they would have been seen at 50BCE, it nevertheless projects its messages forward to 2216 CE!

We return to Luxor early evening. Dinner on your own.

Optional Tour - Luxor by Night in a Horse-Drawn Carriage.

Overnight Luxor. Sonesta St. George Hotel. Corniche El Nil Street; Luxor

Tel: 011 20 95 38 2575; Fax: 011 20 95 38 2571

Five-star grandeur on the banks of the Nile awaits at the Sonesta St. George Hotel Luxor. In a city of ancient Pharaonic treasures, this 224-room Luxor, Egypt hotel redefines luxury in a contemporary style. Only minutes from the world-renowned historic sites, the hotel is an ideal setting. After a day at the local sacred sites, relax in the hotel's Key of Life Health Club, dine in one of its many restaurants, soak in the pool, or enjoy a refreshing beverage as you overlook the Nile. Room Amenities: Satellite Television, Individual Climate Control, Electronic Door Locks, Radio, Hair Dryer, Mini-Bar, Direct-dial Telephone, Safe, Hotel-wide Fire Alarm System and Smoke Detectors



Restaurants: Serapis is the hotel's main dining room, overlooking the Nile and the swimming pool. The restaurant serves a daily breakfast buffet of international and Japanese selections and nightly themed dinner buffets. Beban is an à la carte restaurant overlooks the Nile and swimming pool. Beban serves Italian specialties and is open daily for lunch and dinner. Miyako is Luxor's first Japanese restaurant and features a Tatami room and Teppan Yaki tables. Open daily for dinner. Lotus coffee shop is open around the clock and serves light meals, fresh pastries, ice cream and beverages. Aladdin is an Oriental restaurant with a magnificent view of the Nile. The menu features grilled items and Middle Eastern specialties. Nile Pontoon offers a spectacular riverfront setting for lunch, dinner or cocktail parties. A concert is performed daily at sunset. Nobles Bar is an authentic British-style lounge serves a wide variety of refreshing cocktails and beverages. Jeb's is a casual poolside Restaurant overlooks the Nile and offers light fare. Jeb's is open daily for lunch. The Swim-Up Bar makes it easy to quench your thirst with cool, refreshing beverages, without leaving the pool!

Spa Facilities: The Key of Life Health Club is Luxor's first spa and fitness center. This full-service facility offers free weights, exercise machines, strength-training machines, stationary cycle, treadmill, plus sauna, steam bath, Jacuzzi and Swedish massage. Showers, day lockers, towel service and guest amenities are included. Located on the lower level of the Sonesta St. George Hotel, the Key of Life Club is open daily from 08:00 a.m. to 08:00 p.m

Day 9. Sunday, March 20. Abydos Temple (B/L)



We leave after an early breakfast for our visit to **Abydos**, cradle of the oldest dynasties and the holy city dedicated to **Osiris, Neter of Renewal and Wholeness**. Ancient Egyptians were required to make a pilgrimage here at least once in their lifetimes; today we make ours! Andrea will facilitate a **Sacred Ceremony** to connect with Osiris, to receive His blessing to connect with your Whole Self, for the rebirth of your "New Self"! Rejoice as the old patterns that no longer serve you fall away and more Love and Light take their place, and your 4th chakra opens more fully. Then we have time for a visit with our Egyptologist to the various rooms that are temples to the Neters, with **some of the most well preserved colors on the walls in all of Egypt**.

One of the highlights of our visit will be to the mysterious **Osirion**, built with gigantic stones not found anywhere else in Egypt. Built with no mortar, this powerful building resembles many of the other ancient megalithic sites around the world, more than it does those in Egypt. On one of the pillars in the temple we will see the ancient symbol of the **Flower of Life**. We'll explore the meaning of this symbol with, according to



Sacred Geometry, is the building block of all life! As well as who painted it on the pillar here, another mystery to unravel!

We return to Luxor in the afternoon. Dinner on your own.

Overnight Luxor. Sonesta St. George Hotel.

Day 10. Monday, March 21. To Cairo; Cairo Museum (B/L)

Morning check out of the hotel and transfer to the airport for the return flight to Cairo. We arrive and transfer to a



local restaurant near the Cairo Museum for lunch. Then we visit and explore the world-famous **Cairo Museum**, where we view the collection of artifacts dating back to antiquity. We will see those from the different periods of ancient Egypt - pre, Old, Middle, & New Kingdoms. One of the highlights of the visit for many people is the visit to the famous and **priceless treasures of King Tut-Ankh-Amon**. You can see for example, the intricate workmanship and the tiniest details of the contents of the articles packed for this boy Pharaoh to accompany him to the next world. Maybe during your time at the museum you will feel that special energetic pull to a former time and life as you gaze at some of the artifacts.

Afterwards we transfer to Giza and check in at the hotel. Dinner on your own.

Overnight Giza. Oasis Hotel.

Day 11. Tuesday, March 22. Sakkara; Great Pyramid; Farewell Dinner (B/L/D)

After breakfast we head out to **Sakkara**, dedicated to the Neter **Sokar** and believed by traditional Egyptologists



to be the earliest necropolis, or burial place, for the Pharaohs and royalty of the Memphis area. Here we view Old Kingdom pyramids and the famous Step Pyramid, traditionally believed to have been constructed about 2630 BCE by Imhotep, architect to King Djoser (Dynasty III). We will hear from our Egyptologist why some experts believe this to be the world's oldest freestanding stone structure. Then, we will explore the historical and esoteric aspects of this ancient site. We enter the site by walking through the temple complex filled with rows of columns, where the ancient priests and priestess used sound to perform healings.

At the area referred to by the Wisdom Keepers as "**the hospital**" we will experience a unique **sound healing meditation** to explore this ancient healing art that was practiced here. Open your heart, open your mind, and open your 5th chakra to receive the healing that comes through death and transmutation, and send it out into the world! Return to the hotel.

Our morning ends with an excellent buffet lunch of traditional Egyptian fare at one of the restaurants in the Sakkara area, where we'll be greeted by musicians playing traditional music.

We return to Giza and our late afternoon private entrance into the **Great**



Pyramid. As we climb up through the Ascending Passage and the Grand Gallery, watch out for Orbs - a sure sign that Light Beings are with us! We enter the **King's Chamber** for our **Closing Meditation** and **Initiation in the Higher Light Frequencies**, a powerful experience that will energize you on all



levels. We will focus on opening to all the Neters, to connect with all of our senses, and to especially open our 6th and 7th chakras for the final initiation experience of our journey. In our private space away from crowds of tourists, we will have time to connect with the ancient spiritual energies that are still palpable in this enigmatic edifice. Take this auspicious opportunity to connect with the Spirit of the Indwelling Neters in your Soul. Each of us will be able to lie in the granite coffer, or initiation box, for private meditation. Also, as part of our group meditation we will focus on harnessing the incredibly powerful transformative energies that are innate in the pyramid, to send peace, love and healing to all people on our planet.

We return to the hotel. Take time to rest, relax, and integrate these powerful energies.
At our **Farewell Dinner** at the hotel tonight we have time to share our powerful experiences with each other.

Overnight Giza. Oasis Hotel.

Day 12. Wednesday, March 23. Depart Egypt to USA (B)

After an early breakfast we check out of hotel and transfer to airport, where we check in for our international flight to USA. Depart midmorning. Arrive New York City's JFK Airport the afternoon of the same day. Clear Immigration, claim your luggage and exit through Customs. You're home or connect to your flight to your home city.

Note: This itinerary is subject to change due to conditions beyond our control

TOUR INCLUSIONS:

- Airfare JFK/CAI/ASW--LXR/CAI/JFK on EgyptAir
- Tax on airfare, currently estimated at \$250.00 and subject to change until ticketed.
- All airport/hotel/airport transfers in Egypt.
- Hotel accommodations: 4 nights at the Oasis in Giza; 2 at the Sonesta in Luxor. Tax, service charge and buffet breakfast.
- 4 night/5 day Nile cruise, including all meals and shore excursions.
- Sightseeing as per itinerary, including all entry fees and English-speaking guides.
- Welcome and farewell dinners at the hotel.
- Two lunches in local restaurants during the Cairo sightseeing.
- Box lunch for the full day excursion to Abydos.
- Private entry to the Great Pyramid, based on a minimum of 10 paying passengers.
- With a minimum of 15 paying passengers, Cairo Egyptologist will accompany the group throughout Egypt.
- Andrea Mikana-Pinkham as Tour Director, Meditation Facilitator, Teacher from The Khemit School of Ancient Mysticism
- Afternoon lecture/gathering with Yousef and Patricia Awan, Teachers from The Khemit School of Ancient Mysticism
- Pre-paid tips

NOT INCLUDED:

- Egypt Tourist Visa (Currently \$15.00 US and obtainable upon arrival at Cairo International Airport)
- Items of a personal nature, such as laundry, phone calls, internet service, bottled water, drinks at meals, etc.

TOUR PRICING

Land and Roundtrip International Air from New York City's JFK Airport:

Price Per Person, double occupancy

\$4,199.00 for payments via check or money order OR \$4,375.00 for payments via credit card

Optional Single Room Supplement: This is the additional amount you will pay if you choose to have your own private room throughout the event.

\$549.00 for payments via check or money order OR \$572.00 for payments via credit card

ROOMMATES: If you're not traveling with anyone you know, and would like for Sacred Sites Journeys to try to match you up with a suitable roommate, we'll be happy to try to do so. Per our Terms and Conditions, we will hold the event registration open until 30 days before the date (or later if possible) in order to try to match you with someone. If by that date we have not been able to do so, you will be responsible to pay for the single supplement. If you would like to be matched with a roommate, please register early.

Land ONLY (You book your international air to/from Cairo)

Price Per Person, double occupancy

\$3,549.00 for payments via check or money order OR \$3,697.00 for payments via credit card

Optional Tours:

Sound and Light Show at the Sphinx

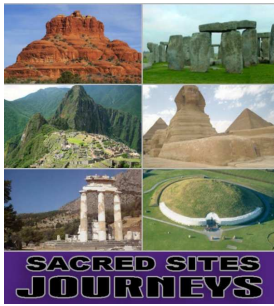
\$48.00 for payments via check or money order OR \$50.00 for payments via credit card

Abu Simbel

\$289.00 for payments via check or money order OR \$301.00 for payments via credit card

Luxor by Night in a Horse-Drawn Carriage

\$25.00 for payments via check or money order OR \$26.00 for payments via credit card



Sacred Sites Journeys

A Division of Heartlight Fellowship

Andrea Mikana-Pinkham, Director

P.O. Box 20548; Sedona, AZ 86341

888 501- 3853 (Toll Free in the US) or 928 284-2384

www.SacredSitesJourneys.com info@SacredSitesJourneys.com

EGYPT: Spiritual Journey

With Tour Host Kevin Phillips

March 12 – 23, 2011

REGISTRATION FORM

_____ I am registering for the Land/International Air Tour Package

_____ I am registering for the Land ONLY Tour Package

_____ I am registering for the following Optional Tours:

_____ Sound & Light Show at the Sphinx

_____ Abu Simbel (requires a \$50.00 deposit)

_____ Luxor by Night in a Horse-Drawn Carriage

Please complete and sign this form and mail it to the address above with your deposit of \$300.00 and an additional \$50.00 if you are registering for the optional tour to Abu Simbel.

IMPORTANT: Please make checks payable to “Heartlight Fellowship”

(Heartlight Fellowship is the Administrator of Sacred Sites Journeys)

Checks not made out in this name will not be accepted by our bank & will be returned to you to replace, and could thus jeopardize your reservations.

FINAL PAYMENTS:

Final payment is due 60 days prior to the beginning of the journey, on January 11, 2011.

If you are registering after the date(s) indicated above, please remit your payment in full.

Payment must be made via personal check, bank cashier's check, money order, or credit card.

No personal checks accepted after February 4, 2011.

You may pay via wire transfer, bank cashier's check, money order, or credit card.

If you would like to make your deposit via credit card, please use the form provided below.

Passport Name: _____

IMPORTANT: 1) The name you use must be exactly as it appears, or will appear, on your passport. If you do not have a passport at the time you are registering, please complete this form and mail it to us. You can provide SSJ with your passport information when you receive your new or renewed passport. 2) Please make sure your current passport is valid for 6 months after the date that the tour ends.

Passport number _____ Country of Issue _____

Issue Date _____ Exp. Date _____

Date of Birth _____ Country of Birth _____ Profession _____

Mailing Address: _____ City _____ State _____

Country _____ Zip/Postal Code _____

Phone (Work) _____ Phone (Home) _____

E-mail: _____

I am Male Female

I would like **double occupancy**. My roommate is _____.

Roommate Contact Information: Phone (Home) _____

E-mail: _____

If your roommate is not sending in their registration with yours, when can we expect it? _____

_____ I would like **double occupancy, but do not have a roommate**. I understand that Sacred Sites Journeys will try to match me with a suitable roommate. I further understand that if by 30 days before the departure date, they have not been able to find me a roommate, that I will be responsible to pay the single supplement fee before the tour departure date.

_____ I would like **single occupancy**. I understand that I will be invoiced for the single supplement and that payment will be due with my final payment, 60 days before the tour departure date.

_____ I understand that Sacred Sites Journeys highly recommends purchase of **Trip Cancellation / Trip Interruption Insurance**, and information about this insurance will be provided to me with my registration confirmation.

_____ I do not have any **physical limitations** that require special attention. If you do, please attach details on a separate sheet. Most situations can be accommodated, but we must know beforehand in order to make arrangements. There may be additional costs.

_____ I require the following **special diet**:

I understand that some or all payments made may be forfeited, based on my cancellation of this program as detailed within the "Terms and Conditions" included with this Registration Form. Should this trip be cancelled by Sacred Sites Journeys, all payments received will be refunded.

My signature below affirms that I have read and completely understand the Tour Itinerary, as well as Information and Conditions as stated in the "Terms and Conditions" provided herein and agree to all of the contents therein.

Signature _____ Date _____

IF YOU WOULD LIKE TO PAY BY CREDIT CARD: Please fill out and sign the form below, and return it with your registration. *SACRED SITES JOURNEYS* accepts American Express, MasterCard, Visa and Discover

CREDIT CARD INFO & AUTHORIZATION TO CHARGE THE DEPOSIT and/or PAYMENT IN FULL:

I, _____, do hereby authorize Sacred Sites Journeys to submit a one time charge for my registration deposit to my Credit Card.

_____ This charge is for the deposit.

_____ This charge is for the final payment. (SSJ will charge your card 60 days before the tour departure date.)

Credit Card Type: _____ Expiration Date: _____ Security Code: _____

Credit Card #: _____

Name as it appears on card: _____

Billing Address for card: _____

Phone Number of record for card: _____

Amount to be charged: _____

Signature _____ Date _____

Sacred Sites Journeys

A Division of Heartlight Fellowship

P.O. Box 20548; Sedona, AZ 86341

888 501-3853 (Toll Free in the USA) or 928 284-2384

TERMS & CONDITIONS

This form is for you to keep. No need to return with your registration form.

Reservations and Payments: A deposit per person along with a completed and signed application must be submitted with the reservation to confirm your reservations.

Final payment is due 60 days prior to the beginning of the journey..

Registrations submitted after final payment due date: If you would like to register for the journey after January 11, 2011, SSJ will be happy to take your registration. If you are booking the land/international air travel package and SSJ is not able to obtain space on the international flights with the group at the same airfare paid by the rest of the group, your travel package will revert to a Land Only one, and you will be responsible to book your round-trip international airfare to Cairo, Egypt. Subsequently, all hotel and cruise ship accommodations will be on request and SSJ will notify you if space is available.

Cancellations and Refunds:

Days Prior to Departure

Registration Deposit

60 – 0 days before departure

SSJ highly recommends trip interruption/trip cancellation insurance. See **Insurance Protection Plan** section below.

Cancellation Fee

Non-refundable upon submission

Final payments are 100% non-refundable

Credit card payment: Sacred Sites Journeys accepts American Express, MasterCard, Visa and Discover.

Tour Pricing: SACRED SITES JOURNEYS offers a 4% discount on the published Tour Price if **ALL** payments are made by check or money order. Prices posted on the website www.EgyptInitiations.com for this payment option INCLUDE the 4% discount.

Possible Event/Tour Surcharge: The advertised cost for this Sacred Sites Journey is based on an established minimum level of participation, i.e. the group size on which the pricing was calculated. If the final number traveling in the group falls below this number, in order to keep from having to cancel the journey, SSJ will issue a surcharge. This amount will merely be the difference in costs for the different group sizes, and no commissions for SSJ will be included in the amount. SSJ makes every effort not to have to enact a surcharge; but if we do, we keep it as small as possible. If assessed a surcharge, you will be notified of the amount as soon as the registration is closed. Payment is due upon notification, and must be received in our office immediately in order for your final documents to be emailed or mailed to you in a timely manner. If your payment arrives at such a date that SSJ has to mail your documents to you with expedited service, you will be responsible to pay for these costs.

Note: Should the conference or journey fail to achieve minimum participation, SSJ reserves the right to cancel them and will refund in full all payments received.

Required Tour Documents: A passport valid for six months after the date that the journey ends must be held by each passenger.

Accommodations: Based on twin-bedded rooms with bath or shower as indicated. You are assigned accommodations as the guest of the facility selected. The tour operator reserves the right to substitute hotels or cruise ships of similar category.

Meals: Meals will be provided as per the final itinerary. Any foods or beverages not included in the program and purchased by you will be at additional cost. Price includes only foods and beverages that are provided to the entire group. NOTE: Drinks, including bottled water, are usually an additional cost, even at meals provided in your travel package.

Sight-seeing: As specified in itinerary. Entrance fees are included.

Land transportation: As specified, by modern air-conditioned coaches.

Air: All airline tickets are subject to each carrier's Terms and Conditions as to passage and cancellation fees. Events and tours are sold in conjunction with the services of these approved carriers.

Not Included: Items of a personal nature such as laundry, drinks, internet service, telephone calls, as well as any item that is not specifically detailed in the brochure or final conference or journey itinerary.

Consumer Disclosure Notice: SSJ and/or their agents act only in capacity as agents for the passenger in all matters connected with hotel accommodations, sight-seeing tours and transportation, whether by air, rail, bus, motorcar, boat or any other means and as agent holds itself free of responsibility for any damage occasioned by any cause. SSJ and or its agents will not be responsible for any damages, expenses or inconveniences caused by late departures or change of schedule, strikes or to their conditions, nor will be responsible for loss or damage to baggage or any of the passenger's belongings. All prices quoted are correct at time of website posting/flyer printing, include the cost of operation of the events and tours, and are subject to currency conversion rate and airfare price changes. SSJ, its parent corporation and affiliates, officers, employees, servants and agents shall not be responsible for personal injury, death or property damage as a result of force majeure or for any other losses or damages incurred by any person or tour participants caused by any delay or change of itinerary or arising out of any act, including, but not limited to, any act of negligence, any person acting for or on behalf of SSJ for transportation, accommodation or sight-seeing provider or any other person or entity rendering any of these services or accommodations being offered in connection with these events or tours. Any dispute arising out of these events or tours, must be submitted in writing within 30 days of the completion of the event or tour and will be settled by arbitration within the State of Arizona.

Insurance Protection Plan: We strongly recommend **TRAVEL INSURANCE** to protect against cancellation fees and additional travel expenses that may incur before, after or during the event or tour. With your reservation confirmation, will send details about an insurance program.