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SACRED SITES JOURNEYS

APRIL 2009 E-NEWSLETTER

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Operated and Led by Andrea Mikana-Pinkham, Founder/Director



Participating in a Sacred Sites Journey is a very positive life changing experience! With my 15+ years of experience planning and leading these spiritual pilgrimages, I can assist you to deepen your spirituality during your visit to some of the world's most important sacred sites!

Check out what some of my former group members have to say about their gnostic experiences on the tour itinerary pages for our upcoming unique journeys to Egypt, Costa Rica, Peru, England, Ireland and Greece.

For more information about Andrea, visit
<http://www.sacredsitesjourneys.com/about.htm>



NEW!
Sacred Sites Journeys Weekly Radio Program
with Andrea Mikana-Pinkham
Fridays at 10AM Pacific Time
Starting May 1, 2009



COSTA RICA: Goddesses in Paradise
Celebrate the Divine Feminine in YOU!
May 16 - 23, 2009



We only have 4 spaces left in the group.
Registration closes May 5th! We encourage you to reserve your space NOW!
Airfares to Costa Rica are going down!

Please invite your Mother, Daughter, Sister, Aunt, Grandmother,
or any other women in your family to share this awesome Women's Retreat with you!
(Ages 16 and over please)

Registration closes May 5, 2009, or sooner if the tour fills before that date.

**Join Sacred Sites Journeys Director
Andrea Mikana-Pinkham on our Women's Retreat in Costa Rica!**

**Celebrate the Sacred Divine Feminine Within YOU
as you relax, renew and rejuvenate your Spirit
at Ama Tierra, a life-enhancing retreat center
nestled on 8 acres in the central Costa Rican mountains.**

For more information, visit
<http://www.sacredsitesjourneys.com/CostaRica-May2009/CostaRica-May2009.htm>

**Please contact Andrea at info@SacredSitesJourneys.com
or call 888 501-3853 (toll free in the U.S.) or 928 824-2384
to receive a registration form.**

PERU: Mystical Journey to Machu Picchu

June 13 - 20, 2009

with extension to Lake Titicaca to Celebrate the Solstice

June 20 - 24, 2009



**This group is filling. And airfares to Peru are going down!
We highly encourage you to reserve your space with us NOW!**

Registration closes May 22, 2009 - or sooner if the group fills before that date.

**From Andrea: "Since 1994 I have led over 26 spiritual pilgrimages to Peru,
and have an excellent network of people to support you to make this
one of the most awesome experiences of your life!"**



**"Our spiritual tour guide will be Dr. Jose (Pepe) Altamirano,
who is my dear spiritual brother and an excellent bilingual guide.**

**Pepe is a Peruvian Mystic and
Ritual Specialist in the Inca Spiritual Tradition,
Former Director of the National Institute of Culture,
Former Executive Director of
the National Park of Sacsayhuaman,
Author of Sacsayhuaman:
The Most Powerful Temple of the Andean Culture"**

*"I invite you to journey with myself, Pepe
and our smaller group of other spirit-centered travelers
to the majestic and awe-inspiring land of the ancient Incas
on a mystical journey to Machu Picchu!"*

Experience the magic and mystery
of the rich legacy of traditional Andean rituals
and the esoteric wisdom of the ancient Incas!

Connect with the energies of the **Three Worlds of the Incan Cosmology**
and learn the lessons each of these has to offer and how to use them in your life
to be in balance with your Self, as you further open your heart
...for personal, as well as planetary healing.

As we journey to enigmatic and mysterious **Machu Picchu**,
the City of Light and Crown Jewel of the Andes,
we will explore the ancient Sanctuary and tap into the transformational energies
that are still present in its various temples.

SPECIAL OFFERING: During our special **Sunrise Ceremony** at Machu Picchu
we will greet *Taytay Inti* (Father Sun)
as He returns to give life for another day to His Children,
just as the ancient Incas did when they inhabited the Sanctuary.
PLUS, you will have plenty of time to explore on your own!

At the sacred sites in and around charming and picturesque Cusco,
we will cleanse and enliven our chakras by connecting with the
water, earth, fire and air elements
and the ancient **Eternal Flame of Light** that still exists
for those that open their hearts to it!

At the sacred sites of **Pisac & Ollantaytambo** in the **Sacred Valley of the Incas**
we will soar with the Condors and connect with the elements of water and air.

IMPORTANT:

You'll have time to relax and integrate the energies
of the various sacred sites you will visit
so that your Sacred Journey will
rejuvenate, restore and heal your body, mind and spirit!

Read "In the Arms of the Pachamama"

A Sacred Travel Account by Andrea Mikana-Pinkham

<http://www.sacredsitesjourneys.com/Peru-June2009/InTheArmsOfThePachamama.pdf>

Please contact Andrea at info@SacredSitesJourneys.com
to receive a registration form.

For more information about the journey, visit
<http://www.sacredsitesjourneys.com/Peru-June2009/Peru-June2009.htm>

For information about our other Sacred Sites Journeys for 2009

England: July 19 - 25

Ireland: September 19 - 27

Greece: October 11 - 22

Egypt: November 7 - 20

please visit our website <http://www.SacredSitesJourneys.com>

If you would like a flyer of our 2009 Sacred Sites Journeys click on the link below
<http://www.sacredsitesjourneys.com/SacredSitesJourneysTours2009-Color.pdf>

Ichi Sekai (One World) Reiki - Level 1 Training

May 2 and 3, 2009

In the beautiful Red Rock Country of Sedona AZ

Taught by Andrea Mikana-Pinkham

Reiki Master Teacher/Founder of Ichi Sekai Reiki



Reiki (ray-kee) is a traditional Japanese healing art that has been shared in most countries throughout the world.

The word itself translates as "Universal Life Energy."

This is the energy of life with which you were born.

Therefore it's your birthright to channel this energy through your hands for your own self-healing, and to assist others in theirs.

As a Reiki practitioner the energy flows through your hands to yourself or the person who is receiving a Reiki treatment from you at a rate corresponding to the need for it, moving throughout the Being to bring balance on all levels - physical, mental, emotional, and spiritual.

Investment for Reiki Level 1 Weekend Seminar: \$150.00

For more information about Reiki and how to register, visit <http://www.gnosticemplars.org/reiki.html>

Questions? Call Andrea at 928 284-2384 or email AMikana@gmail.com

7 RAYS of HEALING CORRESPONDENCE COURSE



The 7 Rays Healing System is a gnostic system of healing which is offered for anyone who is interested in studying at home and moving at your own pace.

In the 7 Rays of Healing Correspondence Course you will receive ten lessons that cover the philosophy of the 7 Rays, as well as a diagnosis and treatment plan for many illnesses.

Seven Ray Healing is a system of healing which can lead you to the experience of your Higher Power, or Gnosis.

It is useful for anyone - laypersons, as well as professionals in the holistic health field.

Upon completion of the course, you will receive a Certificate.

Information regarding the course, as well as a syllabus of the ten lessons, is posted on our associate website at http://www.gnosticemplars.org/sevenrays_cc.html

7 Rays of Healing Seminar in Sedona Taught by GP Sir Mark Pinkham



Learn the Fundamentals of 7 Ray Healing in a Weekend! 7 Rays of Healing Level One Seminar

Friday, May 22: 4 - 6PM

Saturday, May 23: 9AM - 4PM

Sunday, May 24: 9AM - Noon

Mark Amaru Pinkham has been involved in the study and practice of natural healing for over 25 years. He studied elements of **Ayurveda** (Hindu Medicine) for seven years in his

20's. During this time he also attended massage school and became a **Licensed Massage Therapist**. In his 30's he worked as a massage therapist while attending acupuncture school in Santa Fe, NM. Afterwards, Mark studied at Hei Long Jiang College of Traditional Chinese Medicine in Harbin, China, He then went on to work as a **Licensed Acupuncturist** in both AZ and WA.

In the 1990's, after apprenticing with a Peruvian **Shaman in the Inca Spiritual Tradition** for over three years, Mark realized that his diverse training had prepared him for an important part of his life's work, that of reuniting Ayurveda, Traditional Chinese Medicine and Peruvian Shamanism. **He founded the 7 Rays of Healing System**, one that he believes was once taught on Lemuria, before being taken to China, Peru and India, where it merged with the indigenous healing traditions.

This ancient healing system is a comprehensive Gnostic healing system, a part of the Lemurian-Goddess-Gnostic revival, which is the mission of The International Order of Gnostic Templars.

In the 7 Rays of Healing Sedona Seminar you will learn:

- * How to determine a person's Gnostic Ray and their Ray Lords
- * How to treat a person according to their Ray
- * How to diagnose and treat illness very easily and effectively
- * One of the easiest and most complete healing systems in existence
- * The timeless wisdom of the Lemurian Master Healers

For more information about the 7 Rays Healing School, please visit:

<http://www.gnostictemplars.org/sevenrays.html>

INVESTMENT:

For IOGT Members & Associate Members: \$175.00

For Non-Members/General Public: \$195.00

**Class open to the first 10 people who register,
so please reserve your space as soon as possible!**

TO REGISTER:

Visit www.PayPal.com and pay the seminar fee into the account of GnosticTemplars@aol.com

If you prefer to pay by check, please make it payable to "Heartlight Fellowship"

Mail To:

Heartlight Fellowship

P. O. Box 20548; Sedona AZ 86341

Once we receive your payment, we will email you a registration packet, which will include the following:

- 1) Confirmation of your payment
- 2) Directions to the seminar location
- 3) A list of moderately-priced hotels near the seminar location
- 4) Information about how to book an airport shuttle if you will be flying into Phoenix

(the closest large airport to Sedona)
If you book your hotel near the seminar location, you will not need a car.
You will be able to walk to the classes.

5) Information about weather in Sedona, a packing list, & Sedona travel tips

Note: Please make sure that info@GnosticTemplars.org and GnosticTemplars@aol.com are on your email contact list so that you can receive our emails. Thanks!

Astrological Influences for May 2009
With Astrologer, Author and Spiritual Teacher Mark Amaru Pinkham

The Sun will be in the Zodiacal sign of Taurus until the 21st of May, so this month is an excellent time to immerse yourself in activities involved with the Earth. Hike, explore and lie down among the May flowers. With Mars in Aries you'll have more energy, and this placement will also assist you in beginning an outdoor project, such as planting a garden or building a compost corral. Venus in Aries makes the month ideal for seeking out a new friendship or romance, or initiating a creative project. Get together with others for spiritual work or sacred travel this month, especially after the 21st, because the spiritual planets Jupiter and Neptune will be moving together through Aquarius, the sign of groups and organizations. The latter part of May will also be ideal for all short journeys, study, and writing because the Sun will then begin its transit through the sign Gemini, the sign of the intellect, learning and communication.

For more information, please visit
<http://www.gnostictemplars.org/astrology.html>

**NOT ON OUR EMAIL LIST?
WANT TO RECEIVE OUR MONTHLY E-NEWSLETTER?**

If you are receiving this email as a forward from a friend,
and would like to receive your own copy of our monthly
Sacred Sites Journeys Travel E-Newsletter,
please sign up at <http://www.sacredsitesjourneys.com/signup.htm>

**We'll email you a Sacred Sites Journeys
Travel Discount Coupon that you can use to save \$
if you decide to travel with us in the future!**

IMPORTANT!

We will not sell or share your information with any other company or any individuals.
And, you can easily un-subscribe at any time.

**I hope to have the honor to travel with you in 2009 on one (or more!)
of our Sacred Sites Journeys.**

**I'm here to support you to deepen your spirituality
through sacred travel and enrich your life in many exciting and inspirational ways!**

**Please contact me if you have any questions
or need more information about any of these upcoming spiritual pilgrimages.**

Peace and Blessings to you!
Andrea

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928 284-2384 or 928 814-0773**

"Earth is but one country, and mankind its citizens." Baha'u'llah - Founder of the Bahai Faith

**Please forward this email to anyone who you think
might be interested in receiving our information. Thanks!**

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