



SACRED SITES JOURNEYS

www.SacredSitesJourneys.com

DECEMBER 2009 E-NEWSLETTER

NOTE: Links in this e-newsletter may not be "hot".
If not, then please copy and paste into your browser.

IN THIS ISSUE:

- **Highlights of our November 2009 Sacred Sites Journey to EGYPT**
 - **MARCH 2010 Event & Sacred Initiatory Journey in Egypt**
with The Khemit School of Ancient Mysticism
 - **2010 Sacred Sites Journeys: Egypt, Peru, Costa Rica, Ireland, England, Scotland, France, Greece and Sedona**
 - **Join our Facebook Group**
 - **Sacred Sites Journeys Radio Show Archives**
 - **Links**
 - **A Word from Andrea**
-

Highlights of our Sacred Sites Journey to EGYPT

with The Khemit School of Ancient Mysticism
November 7 - 22, 2009



The photo above of sunset over the Giza Plateau was taken from the balcony of the Awyan Wisdom Keepers home in the village of Nazlet el Samman on November 5, 2009. I arrived in **EGYPT** a few days before our **Sacred Sites Journeys group** in order to meet with my dear friends the Awyans, my colleagues in The Khemit School of Ancient Mysticism, and to celebrate my spiritual sister Patricia Awyan's birthday with her. We all spent many peaceful hours in the afternoon and evening on the balcony, taking in the energies from the plateau and sharing our thoughts and feelings about our work together. Thank you my dear Brothers and Sisters for sharing your home with me! I really enjoyed evenings when you picked up your drums and other musical instruments, singing and playing your hearts out! You folks can really move some energy!



Before I begin my sharing, I would like to say that our entire Sacred Sites Journeys' spiritual pilgrimage to Egypt would not have been possible without the tireless work and loving support of our awesome **Egyptologist/Guide Vivian Zaki PhD!** I've been working with her for several years now, and she has become one of my dearest friends and a true Spiritual Sister. She is always eager to share her knowledge, as well as to learn from others. Vivian's PhD is in Archaeology. She has over 16 years experience guiding groups throughout her beloved country. Our group members have consistently found her to be extremely knowledgeable about both the traditional Egyptological viewpoint concerning the sacred sites we visit, as well as the theories of the ancient Khemitians, the people who lived in Egypt many thousands of years before the word was even a thought in the minds of the Greeks who named the country Egypt. Vivian is the ultimate professional whose connections and experience always assist us to enter into the sacred temples, pyramids, etc. for our private meditations. We're always at the right place at the right time, and have plenty of

time for our spiritual endeavors! As well, Vivian is very warm, friendly and helpful to everyone, exhibiting the Divine Feminine qualities of love, compassion and caring. And, she's a Sphinx Sister, as evidenced in the photo above of her from our recent journey!

Our Sacred Sites Journeys group arrived on November 8th, tired from their international flight, but oh so excited to finally be in the land of their dreams! They were an awesome group of powerful women who came to connect with the ancient energies for their personal spiritual growth. And that they did! As we went to the pyramids, sacred sites and temples on the **Giza Plateau, Dashur, Sakkara** and **Abu Ghurob**, and then to those in **Luxor** and **Aswan** in the south I was constantly thrilled to see them connect with and engage the potent energies. They didn't hold back, but met them head on, with grace and joy! I was so honored to be able to help facilitate their inspiring experiences. Thank you My Sisters!



Shahrzad Aryan and **Yousef Aryan**, Wisdom Keepers in **The Khemit School of Ancient Mysticism**, were with our group in Giza, Sakkara, Dashur and Abu Ghurob. Between Shahrzad's transformational toning and Youself's profound knowledge of the ancient pre-dynastic Khemetian civilization, we received many exclusive opportunities to connect with the transformational energies that are still palpable at the ancient sites we explored. As well, Yousef's lovely wife **Patricia**, my very dear friend and spiritual sister, was with us, providing support to each of us when we needed it. She offered individual tarot readings late one afternoon as we sat on the

balcony of the Aryan home, watching the sunset over the Sphinx and pyramids (see photo above); they were spot-on for most of us, and very helpful in understanding particular parts of our journey during our time in ancient Khemit.

One of the highlights for us on the plateau was to visit the **Crystal Cave/Room**. I'd heard about it from the Aryans for several years, and I'd wanted to go there with my groups. Until this journey, I'd not been able to do so. Yousef and Patricia were happy to take us. Hidden away in a little visited area close to the Valley Temple of Khafre next to the Sphinx, it's not a place many tourists ever see! As we entered through the low doorway, I looked up and was dumbfounded to see crystalline deposits all over the ceiling. And what looked like some other mineral deposits. My mind started reeling, realizing we could be in a place that had been underwater many thousands of years ago when the entire Giza Plateau was under water. We're talking about 10,000BCE or earlier! We were able to take advantage of our private space, and experience a short meditation, to the accompaniment of my crystal bowl. Awesome!



During our visit to the **Red Pyramid** in the pyramid fields of **Dashur**, we entered inside this *Per-Neter* (House of Nature). The Wisdom Keeper teachings state that it was built into very ancient times as a machine to harness energy and that it can be "turned on" with the proper frequency. Our beautiful toning in the lower chamber certainly seemed to accomplish this! We were all transported into altered states of consciousness that lasted

quite a while for some of us, even after we climbed back out of the pyramid and exited into the daylight.

Later that afternoon at **Sakkara** we took time to balance our male/female energies in one of the smaller ancient temples, taking our turns putting our heads in three niches, one for the female, one for the male and one for the balanced energies. As usual, other people in the area became curious when they saw us standing single file in a line waiting to enter the temple and wanted to join us. I'm not sure what they experienced, but our group members certainly felt the balance! Next, we took time at the ancient "Hospital" area to work with the powerful frequencies for healing and meditation. Here's Shahrzad Awyon soaking in the energies to transmit for healing (photo right). In another out-of-the-way place seldom visited by tourists, we stood in a room surrounded on the upper walls by many Djed pillars, taking in the energies of the famous "Backbone of Osiris" which some people, including me!, believe can assist in activating the kundalini energies.



We had many more experiences during our pilgrimage than I have space to relate in this newsletter, so I'll just include a few more. In **Luxor**, we went to **Karnak Temple** very early in the morning, as we knew that the archaeologists were excavating near the Temple of Ptah, where the **Sekhmet Chapel** is located, and they were to begin their work day at 7:00AM. So that meant if we wanted to visit Sekhmet before they began we had to be there by 6:00AMish, which we were! Sleepy but ready to encounter this powerful Neter who in recent years has become the rebirthed symbol of women's empowerment. Well, it seemed that She had other ideas for us, as the keeper of the key was not to be found. He was "coming soon" and then just didn't show up. So the guardian of the site told us to come back at 1:00PM, as the



archaeologists would leave for the day at that time. A bit disappointed, but knowing that all was in divine order, we walked back to the main area of **Karnak Temple** and what a lovely surprise we had. We almost had the entire temple to ourselves. We were the first ones there! This gave us time to explore the hypostyle hall of this largest columned temple in the world on our own. As well as the Temple of Amun-Ra and its Holy of Holies, the two gigantic obelisks, the Festival Hall of Tuthmosis III, and a strange little room way off the beaten track that the guardians took us to. Inside was what was left of a very **ancient altar to Amun-Ra**, to whom the entire temple is dedicated. The gigantic stone was worn smooth from so much touching, i.e. veneration, over the years; it had two remaining horns on either side of it and sun rays on the back next to the temple wall. And the energy was enough to bowl us over when we walked through the door. Needless to say, we were very thankful that we'd had time to "find" this special place, and that we could take time to commune with the energies in private. Amun-Ra, the Hidden One, had truly been hidden!

At 1:00PM sharp we were back at the **Sekhmet Chapel**, ready to greet Her. The temple guardian unlocked the door and I went into Her small room to prepare the space for our group. Our Guide Vivian had advised me that a Japanese film company who was filming the on-going excavation near the Ptah Temple was allowed to store their equipment in Her chapel, so I was

somewhat prepared to see this mess. When I walked in and saw it though I felt very sad...sad at the ignorance of those who were allowing this to happen...that they didn't realize the sacred space that they were invading...and how they could have received Sekhmet's blessings if only they'd known to open up and take them in. I felt a draw to go immediately and stand in front of Her, as I always do. I spread my red altar cloth at Her feet and looked up into Her loving face, staring at her sweet countenance. She said to me, "It doesn't matter how much stuff they put in here, I will always be here for you and all others who come seeking my love and protection. Bring your Sisters in to meet me My Daughter. I have many blessings for them." So I went out to the main door and one by one called each woman in our group in to have her private time with Sekhmet. Those who were outside waiting their turn sat in silence. Each woman went inside to connect and receive her Gifts of Spirit from this powerful Neter. I believe She reminded all of us of the powerful women that we are. And to not hide it, but to share our power with the world, to assist others in doing the same, for the best and highest good of all.



One of our other powerful moments was at the **Temple of Horus in Edfu**. We arrived at the temple in the morning, to find it full of tourists. Our Guide suggested that we could hold our meditation in the *Mammisi*, or Birth House, to the side and in front of the main temple. So we gathered inside, sitting in a small circle in the darkened room with wall panels full of Horus, the Neter who reminds us of our Higher Self. Several years ago during another one of my pilgrimages, our group had been blessed to have several people hear the tones of the temple that "turn on" the frequency and enliven the energy so

that all who are there can receive it. None of these people were together when they heard the tones; they all heard the same thing - separately! Ever since then, whenever I take my groups to Edfu, we always tone. So, I shared the tones with my Sisters and we all toned together for a while, then sat in silent meditation. I felt an amazing amount of energy moving up and down my spine; my crown chakra expanded wide and I felt such joy and ecstasy as I connected with my Higher Self. I received several important messages about situations in my life that I'd been pondering about how to change and/or resolve. When we came out of our meditation, two women in the group realized they'd been connected in consciousness and had shared a commonality in their meditation. One woman thought she'd jumped and screamed when another person had touched her. We assured her she had remained silent and had not moved a muscle! We all felt that we'd connected with the temple frequencies and had taken them in for our soul's evolvment.



At the **Temple of Isis** on the Island of Agilkia in **Aswan**, we visited during the noon hour, knowing that the temple would be pretty much deserted. That it was! We were able to go directly into the Holy of Holies for our meditation and initiation ceremony. And the Great Mother Goddess Isis was waiting for us! To the right is a photo that I took of the Holy of Holies. Perhaps you can see the white circle to the upper right of the altar? A gigantic orb! Was this Mother Isis? I would like to think this is Her way of showing us visually that She was present. We certainly felt Her energetically! As I invoked Her presence, I felt deep peace

and unconditional love pervade the room, just as I have always felt in the past when facilitating meditations here. She came to us to remind us that WE are Isis! We are the Divine Feminine! And She will always come to each of us, whether we are in Her temple in Egypt or not. All we have to do is call Her.

We ended our sacred pilgrimage with our **private entrance into the Great Pyramid**. As we quietly and meditatively entered into this remaining one of the Seven Wonders of the Ancient World, we were very focused. We walked up through the Ascending Passage, arriving at the juncture where we saw the Queen's Chamber straight ahead. Our mission was further up, so we bypassed it and climbed the metal rungs on the ladder that took us up to the Grand Gallery. From here we solemnly made our way up to the top of the gallery, climbed a few more metal ladder rungs, turned left and walked under the gigantic stone blocks into the King's Chamber. We made it! Huff and puff! I laid out our white altar cloth and we placed our power objects on it, knowing that they would absorb these powerful energies and then would grace our own altars back home, emanating them back to us for healing and ascension, for many days to come! The women in our group chose their places to sit around the perimeter of the room. I walked to the resonant box located in the rear of the chamber, took out my lapis crystal bowl, stood behind the granite coffer, and as the lights in the room went out, I began to play it. The tones that were tuned to the Third Eye pervaded our sacred space. Shahrzad took her place at the head of the resonant box, and one by one each of our Sisters entered it, lying down to meditate, accompanied by both the frequencies of Shahrzad's powerful voice and those of the crystal bowl. After all of us had our turn, we meditated in silence until the lights came back on. We gathered our power objects, I folded up the altar cloth and we shared hugs and took photos. There were many many orbs in the photos, showing us what we had already experienced. That we were not alone in the chamber. Many Beings of Light we were us, supporting us in our ascension process. We made our way back out of the pyramid and were greeted by the evening stars shining brightly over the plateau. We felt very thankful for the precious experiences we'd just had in the Great Pyramid, as well as for all of our amazing time in this mystical and magical land.

Below is what some of the women from our November 2009 Sacred Sites Journey to Egypt would like to share with you!

What a rejuvenating trip. Instead of coming home tired, I came home super charged with energy. Instead of being "done" after I got back, it lit a fire in me that I hope never goes out. The power of the pyramids is phenomenal. The temple sites speak to you in a language that only the soul can interpret. When a journey like this sparks a beginning rather than an ending, you know you've transcended the sands of time. There are no more barriers. - Joanne D.

The trip to Egypt exceeded all my expectations. The November weather was perfect with hot sunny days and cool nights. Each site was a gem and worth a longer, repeat visit. The carvings, hieroglyphs and paintings went beyond sheer beauty to offer layer upon layer of meaning. I appreciated the way Andrea and our guides managed our visits so we could get some "private time" in these very special places. I felt like I was both healed by and contributed to the healing of these ancient holy places as we



toned and meditated in them. Our Egyptian guides were fantastic, providing insights and inspiring a deeper curiosity. Andrea, Vivian, Yousef, Shahrzad, and Patricia created and held a sacred space where we could all learn. I enjoyed my "Journey Sisters" as much as the journey itself. Everyone brought a special gift for the group. - Lilith

I'd love to write an eloquent commentary about my awesome trip to Egypt with Andrea and our group. Unfortunately, it is not possible for me to stuff my profound spiritual and emotional experiences into the limited confines of words. I'll simply say that healing and freedom that began there continues to unfold. I am deeply grateful for all my experiences and I am eager for my next journey to Egypt with Andrea!

Patricia Caldwell, Healing Sound Therapist, Singer/Songwriter, Retreat Facilitator
Visit Patricia's website at <http://www.PatriciaCaldwell.com>

**To view many photos from our Sacred Sites Journey to Egypt,
visit the Photo Gallery on our website at
<http://www.sacredsitesjourneys.com/Egypt-PhotoGallery-1.htm>**

**Our next Sacred Sites Journey to EGYPT
with The Khemit School of Ancient Mysticism is March 16 - 31, 2010
For more information, see below.**

2010 Sacred Sites Journeys Events & Pilgrimages

MARCH



SPECIAL EVENT!

The Khemit School of Ancient Mysticism & Sacred Sites Journeys

Join us in Giza, EGYPT for this momentous event!



This event will be totally different than any event that you've participated in before. It's unique in that it will be a collaborative effort!

This is a unique venue for great minds and hearts to come together to share cutting-edge research, views, feelings and opinions about what's occurring on our planet at this momentous time in human evolution, and what we can do individually and globally to make the ride smoother **as we spiral into 2012 and beyond.**

It's about everyone who will attend working together to integrate the thoughts, ideas and wisdom presented throughout the event, as well as the experiences at the sacred sites, in such a way as to continue to anchor the evolving energies to enhance the personal and global experiencing of The Shift.

Speakers from The Khemit School of Ancient Mysticism

Wisdom Keeper Shahrzad Awyan

Certified Bio Magnetic Touch Healer and Teacher
Medical Intuitive, Sound Healer

Wisdom Keeper Yousef Awyan

Teacher of the Ancient Traditions and Wisdom of Khemit,
Certified Practitioner of Bio-Magnetic Touch Healing,
Artist, Sculptor and Musician

Teacher Patricia Awyan

Spiritual & Life Counselor
Artist

Teacher Andrea Mikana-Pinkham

Spiritual & Life Counselor
Founder/Director of Sacred Sites Journeys

Guest Speakers

Mark Amaru Pinkham

Author & Astrologer

www.GnosticTemplars.org

Peter Sterling

Harpist & Sound Healer

<http://www.HarpMagic.com>

SPECIAL OFFERINGS!

Private Entrances for Meditation & Initiation

Between the Paws of the SPHINX

The King's Chamber of the GREAT PYRAMID

Sacred Site of ABU GHUROB

For complete details, visit <http://www.egyptinitiations.com/events.htm>



Sacred Initiatory Journey

March 21 - 31, 2010

Led by Andrea Mikana-Pinkham

Stay on in EGYPT after the event and join us on our Spiritual Pilgrimage!

Or, join us even if you've not attended the event!

Meditations & Initiations at sacred temples along the Nile in Luxor, Dendera, Abydos and Aswan

PLUS Optional post tour class with Wisdom Keeper Shahrzad Awyan

to learn ancient Egyptian Healing Techniques

March 31 - April 2, 2010

For a complete itinerary, pricing,
visit <http://www.egyptinitiations.com/pilgrimages-march2010.htm>

For a registration form for the event and/or pilgrimage,
email info@SacredSitesJourneys.com
or call 888 501-3853 (Toll free in the USA) or 928 284-2384

To view many photos from our Sacred Sites Journey to Egypt,
visit the Photo Gallery on our website at
<http://www.sacredsitesjourneys.com/Egypt-PhotoGallery-1.htm>

APRIL: PERU



Mystical Journey to Machu Picchu

April 24 - May 1, 2010

Extension to Lake Titicaca May 1 - 4, 2010

Led by Andrea Mikana-Pinkham & Spiritual Tour Guide Dr. Pepe Altamirano

**Journey with other spirit-centered travelers to the majestic and awe-inspiring land
of the ancient Incas on a mystical journey to Machu Picchu!**

**Engage the magic and mystery of the rich legacy of traditional Andean rituals
and the esoteric wisdom of the indigenous Elders.**

**Connect with the energies of the Three Worlds of the Incan Cosmology
- the Lower (Ucu Pacha), Middle (Kay Pacha) & Upper (Hanan Pacha) World,
and their Totem Animals - the Serpent, Puma and Condor.**

**Learn the lessons each of these has to offer YOU, and how to use them in your life
to be more in balance with yourself, as you further open your heart
...for personal growth and healing, as well as planetary healing.**

This Sacred Sites Journey to PERU is open to the first 10 people who register.

The group is already filling.

We encourage you to reserve your space now!

For more information, visit:

<http://www.sacredsitesjourneys.com/Peru-April2010/Peru-April2010.htm>

**For a registration form for this spiritual pilgrimage,
email info@SacredSitesJourneys.com
or call 888 501-3853 (Toll free in the USA) or 928 284-2384**

MAY: COSTA RICA



Women's Retreat - Goddesses in Paradise

May 22 - 29, 2010

With an optional extension to the Arenal Volcano area!

Led by Andrea Mikana-Pinkham

Join our 2nd annual Sacred Sites Journeys Women's Retreat in Costa Rica!

Celebrate the Sacred Divine Feminine Within YOU
as you relax, renew and rejuvenate your body, mind & spirit
at AmaTierra, a life-enhancing retreat center
nestled on 8 acres in the central Costa Rican mountains.

Daily sessions to support you to access & empower your Goddess Within

SPECIAL INCLUSIONS!

A Day at the Beach!

Turubari Tropical Eco-Park

which features a guided rainforest tour

and optional canopy zipline on the best one in Costa Rica!

Visit to Horse Ranch: Goddess Power through the Way of the Horse
Individual Tarot Readings

OTHER OFFERINGS:

An Evening Sound Healing Experience with Crystal Bowls

Optional morning Hatha Yoga Classes

Optional Wellness Services:

Massage, Energy Balancing, Detoxification, Nutritional/Herbal Consultation

**Hike to the stream or the pochote tree forest where you might just see a colorful toucan,
an iridescent mot-mot or any one of several species of birds for birdwatching**

Visit Puriscal, a bustling town with its market and traditional town square

Relax at the pool - take a dip, lounge with a good book or write in your journal

Enjoy 3 daily meals of a healthful combination of home cooking, using fresh organic fruits and vegetables, local fish and chicken

A library of DVD's with players in all rooms

**This Women's Retreat is open to the first 10 women to register.
The group is already filling.
We encourage you to reserve your space early!**

For more information, visit

<http://www.sacredsitesjourneys.com/CostaRica-May2010/CostaRica-May2010.htm>

For a registration form for this spiritual pilgrimage,
email info@SacredSitesJourneys.com
or call 888 501-3853 (Toll free in the USA) or 928 284-2384

JUNE/JULY: IRELAND



**Shamanic Journey around the Irish Spirit Wheel
June 25 - July 5, 2010
Led by Andrea Mikana-Pinkham**

**Come with us on a spiritual pilgrimage to the Emerald Isle,
a shamanic journey around The Irish Spirit Wheel,
where the ancient Sacred Sites await you!**

**Experience powerful energies of transformation
at stone circles, holy wells, passage tombs and more...
as we travel to magical places in Ireland's wildly beautiful countryside!**

SPECIAL OFFERINGS!

**Participate in meditations to connect with the powerful energies
of the sacred sites, the Irish Spirit Wheel, and the Celtic Gods and Goddesses**

**This Sacred Sites Journey to IRELAND is open to the first 12 people who register.
We encourage you to reserve your space now!**

For more information, visit:

<http://www.sacredsitesjourneys.com/Ireland-JuneJuly2010/Ireland-JuneJuly2010.htm>

For a registration form for this spiritual pilgrimage,
email info@SacredSitesJourneys.com
or call 888 501-3853 (Toll free in the USA) or 928 284-2384

JULY: SCOTLAND



Sacred Sites & Knights Templar Journey

July 10 - 18, 2010

Led by Andrea Mikana-Pinkham and Mark Amaru Pinkham,
author of *Guardians of the Holy Grail*

Itinerary and pricing being finalized. Check our website soon for details!

JULY: ENGLAND



Mystical Journey of Initiation to Avalon & Stonehenge

July 18, - 24 2010

Spiritual Tour Guide:

Koko Newport, Priestess of Avalon

Speakers:
Nicholas Mann,
author of *The Isle of Avalon and Energy Secrets of Glastonbury Tor*

Peter Sterling,
Harpist and Sound Healer

Christina Bjergo,
author of *The Tao of Tarot*
Acupuncturist
Shiatsu Japanese Massage Therapist,
Qigong Dreamworker,
Grand Master of Sacred Serpent Spiral Qigong
Sound Healer

Itinerary and pricing being finalized. Check our website soon for details!

SEPTEMBER: FRANCE



Mary Magdalene & Black Madonna Pilgrimage
September 20 - 30, 2010

Led by Mark Amaru Pinkham,
author of *Guardians of the Holy Grail*

Itinerary and pricing being finalized. Check our website soon for details!

OCTOBER: GREECE



Spiritual Odyssey of Initiation - Sacred Sites & Ancient Oracles

September 15 - 28, 2010

Led by Andrea Mikana-Pinkham

Itinerary and pricing being finalized. Check our website soon for details!

Tour Dates Available at Your Request: SEDONA



Vortex Tours with author Mark Amaru Pinkham

<http://www.sacredsitesjourneys.com/SedonaVortexTours/SedonaVortexTours.htm>

For more information about any of our Sacred Sites Journeys,
please email Andrea at Andrea@SacredSitesJourneys.com
Call 888 501-3853 (Toll Free in the US) or 928 284-2384

Join Sacred Sites Journeys on Facebook!

If you're already on Facebook, search for us as Sacred Sites Journeys.
Join our Group and Page. And invite your friends!

You'll receive short and interesting little tidbits about the sacred sites we visit.

If you're not already on Facebook, go to www.Facebook.com and sign up.
It's FREE and easy!

Listen to archives of Sacred Sites Journeys Radio Show

To listen to archives of our shows on Egypt, England, India, Ireland, Peru,
Sedona and Scotland, visit our homepage at www.SacredSitesJourneys.com.

Links

The International Order of Gnostic Templars

A Modern Day Knights Templar Order
Dedicated to the Revival of Gnostic Wisdom and the Goddess Tradition
<http://www.GnosticTemplars.org/>

The Khemit School of Ancient Mysticism

www.EgyptInitiations.com

Emerald Energies

The Leading Circulator of Metaphysical & Spiritual Electronic Media
<http://www.Emerald-Energies.com/>

Listen to Your Animals

Sharon Loy - Animal Communicator
www.ListenToYourAnimals.com

Mystery School of the Temple Arts

Illuminating the Path of Self-Realization through breath, movement, visualization, sound
& touch
www.OneSpaceConnected.com

Peter Sterling, Harpist & Sound Healer

www.HarpMagic.com

NEW! Christina Bjergo, Author, Acupuncturist

<http://www.wildirisasianwellness.com/index.htm>

**NEW! Sacred Mandalas and Transformational Jewelry
to assist you to connect more deeply with your Inner Self
By Artist Michelle Zwirn**

<http://www.walkingthespiral.com/>



A FEW WORDS FROM ANDREA: The December holidays are upon us and the New Year is at our door! It's that time of year when we reflect in gratitude for what we have in our lives that has brought us peace and joy this year, as well as what our hopes and dreams are for the future. As Mark and I spend quiet time considering what we have been thankful for this past year, one thing comes to our minds and hearts immediately - each and every one of you! We are so appreciative for the continued support you've given us, as we began operating our own sacred travel company once again this past year.

Since we began working in this small niche field of travel in 1993, we've been able to support so many of you in realizing your unique dreams of traveling on spiritual pilgrimages to sacred sites around the world. And we're very thankful that you've chosen to travel with us! This year I led all of our Sacred Sites Journeys, while Mark focused his time and energy traveling to promote the International Order of Gnostic Templars. To all you, my wonderful Brothers and Sisters who traveled with me to Egypt, Costa Rica, Peru, England, Ireland and Greece, I say "Thank you from the bottom of my heart! It was an honor to travel with you, to support you to have your inspirational experiences, which I know changed your lives in many positive ways! And, I hope to see you again in the future on another one of our awesome journeys."

To those of you who visited our lovely Red Rock Country in Sedona and went to our powerful vortex sites with Mark as your Guide, he says, "I felt honored to accompany you to Bell Rock, Cathedral Rock, Airport Mesa and/or Boynton Canyon. As I witnessed you connect with the transformational energies at these highly charged places, I was happy to know that in doing so you were also connecting with more of your True Self. I loved being able to help you do so! And you're welcome back...anytime!"

To those of you who have traveled with us vicariously through reading this enewsletter each month, visiting our website, listening to our radio programs and in general dreaming about being with us in the future at a sacred site, to you we also say a huge "Thank You". You've kept our endeavors to serve you and others in the plane of consciousness that leads to manifestation here in good old 3-D!

So, I invite all of you to get a warm cup of whatever cheers you, sit down at your computer, visit our website and take some time to dream! Dreams DO come true! After 16 years of

seeing it happen over and over again for people who have traveled with us, I know it will happen for you too! See you next year on a Sacred Sites Journey!

**May the Many Blessings of the Holiday Season & the New Year be Yours!
Andrea and Mark**

Andrea Mikana-Pinkham, Founder/Director/Tour Hostess
Mark Amaru Pinkham, Founder/Tour Host
Sacred Sites Journeys
P. O. Box 20548; Sedona AZ 86341
888 501-3853 (Toll Free in the U.S) or 928 284-2384
www.SacredSitesJourneys.com
info@SacredSitesJourneys.com

Please pass this on to anyone you feel might be interested in our journeys. Thanks.

Copyright 2009 Sacred Sites Journeys
A Division of Heartlight Fellowship