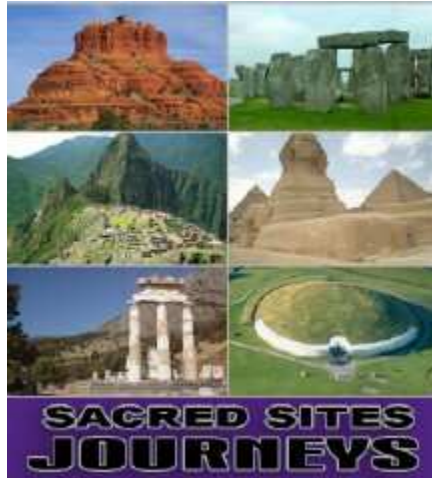


SACRED SITES JOURNEYS



www.SacredSitesJourneys.com

Spiritual Pilgrimages to the World's Sacred Sites
to Enliven Your Body, Mind and Spirit

FEBRUARY 2010 E-NEWSLETTER

NOTE: Links in this e-newsletter may not be "hot".
If not, then please copy and paste into your browser.

IN THIS ISSUE:

- **Spiritual Pilgrimages: Connect with the Land & Your Own Inner Self**
 - **2010 Sacred Sites Journeys Events & Pilgrimages to Egypt, Peru, Costa Rica, Ireland, England, Scotland, Greece, France & Sedona**
 - **A Message from Patricia Awyan from The Khemit School of Ancient Mysticism**
 - **Highlights of June 2009 SSJ to Peru**
 - **Join our Facebook Groups**
 - **Sacred Sites Journeys Radio Show Archives**
 - **Links**
 - **A Word from Andrea**
-

Spiritual Pilgrimages **Connect With the Land and Your Own Inner Self**



There was a general understanding prior to the brief centuries of our present culture, that the earth was alive, with subtle but powerful forces flowing through its body, the land. These concentrated at various points that came to be regarded as totemic spots, sacred areas, power places, or temples...Each of these locations had its own quality, tutelary deity or "spirit of place". They were points of geographical sanctity. - Paul Devereux, from Places of Power

After having led many spiritual pilgrimages to sacred sites around the world over the last 16 years, I can say without any reservations that I concur with Paul Devereux. And that each power spot is different from all others, each is unique unto itself. The ancient people who lived at these hallowed places did so in deep connection with Nature. And often their consciousness was elevated to higher levels so that they were able to harness the natural forces to assist them in building spectacular temples, enduring pyramids and other amazing structures. Today, many of these stand in testament to the advanced knowledge of the natural laws of the Universe and deep connections to Gaia that our ancestors possessed. And fortunately for us, we can tap into these energies when we visit these sites with reverence, openness and gratitude.

I would like to share what some of the folks who've traveled with me to these sacred power spots have to say about their transformative experiences. They opened to the call of the powerfully transformative energies and received many blessings and Gifts of Spirit.



Lilith, who journeyed to EGYPT with us offers these words about her experiences contacting the ancient sites:

Each site was a gem and worth a longer, repeat visit. The carvings, hieroglyphs and paintings went beyond sheer beauty to offer layer upon layer of meaning. I appreciated the way Andrea and our guides managed our visits so we could get some "private time" in these very special places. I felt like I was both healed by and contributed to the healing of these ancient holy places as we

toned and meditated in them.

Michelle, journeyed to ENGLAND with us and shares about her transformative experience as she engaged the energies of the land and sacred sites of Avalon:

Traveling to Glastonbury is an experience you will never forget.



This sacred land will transform you and your life. You will quickly understand why so many people have made pilgrimage to this sacred land over the ages. These sacred sites are powerful and breathtaking. From Stonehenge to the Chalice Well each place is uniquely inspirational and transformational. Sacred Site Journeys helped me discover myself and created dreams I never thought possible. Thank you!

Christina has been on several Sacred Sites Journeys with us. She traveled to GREECE with me last October. Here's her take on the land connection and the sacred sites:



Greece was nothing but fabulous. Each island had its own flavor, beauty and history. And there was so much I learned from our gracious and knowledgeable local guide at the sacred sites and throughout our tour of the mainland. Driving through the mountains and along the coast was as educational as it was scenic. I am convinced that there is no better way to appreciate the accomplishments and spiritual traditions of the past than to experience them first hand (and with Delphi, Crete, Epidaurus,

Olympia, Ephesus and Eleusis there was so much to learn). What an adventure through so many different spiritual traditions! The pilgrimage through Greece cannot but deepen the spiritual unfolding of a person's life.

Here's what Thom, who traveled to IRELAND with me has to say about his experience of connecting with the land and the sacred sites built upon Her:

I believe, for now, my biggest "Ah Ha" is about time. How absolutely brief our time is here.

Seeing structures, artifacts and those stones, those solid pieces of Ireland, stacked, piled and gently set in place in walls, towers, graves and monuments or carved into beautiful signs, symbols or statues, it made me think, no, it made me feel eternal/ infinite and yet small and instantaneous. Seeing objects 800, 1200, 5000 years old and then knowing that those structures, those objects, represent even more years and centuries of thoughts, beliefs, and values before they were put into "solid" form. That is what woke me up.



And then the kick in the shin was that it was all about a belief in something greater, something bigger, something more powerful than all that stone, more determined than all those generations of workers, teachers and leaders. No matter what you call it or how you perceive it or how you express or honor it, it is all the same. That power, that force, that idea or entity is what is holding all of this together, this humankind. From floating 10 ton rocks up a river or creating a beautiful tapestry to warm a castle wall or sending someone to another planet. It is all about honoring and know "the One".



One of our past PERU traveler's who wishes to remain anonymous has this to share about his experience in Pachamama Land:

The connection that I made to the Pachamama, the Mother Earth, was the most profound experience of my life! Everything in Peru is alive with energy! And offers it so willingly and lovingly to those who take the time to connect and honor it. I have never felt so loved or nurtured. During our journey Pepe and Andrea assisted us to make our connections with these palpable energies

through the offering of Andean rituals and meditations at the sacred temples. And we had time to just sit and "tune in" and receive.

David traveled to SCOTLAND with us and has this to say about his time at Rosslyn Chapel:

Rosslyn Chapel is one of the most powerful places I've ever visited on this earth, and I've visited many! The esoteric symbols that are carved into the walls and ceiling have many many layers of meaning, and are worth meditating on very carefully. Andrea told us that many people believe it will become one of the main centers for world peace upon our planet. I'd say it's already well on its way! - D. Harkins, AZ



2010 Sacred Sites Journeys Events & Pilgrimages

MARCH: EGYPT



SPECIAL EVENT!



Join us in Giza, Egypt for this truly momentous and life-changing event!
We still have space for YOU, though the group is filling quickly!
Registration closes March 1st, or sooner if the group fills before that date.

Our conference venue will be near the pyramids and Sphinx.

PLUS....we will visit the sacred sites on the Giza Plateau and nearby!

PRIVATE ENTRANCES:

GREAT PYRAMID - Meditation for the Spring Equinox
BETWEEN THE PAWS OF THE SPHINX - Prayers for World Peace
ABU GHUROB - Sunset Meditation, followed by a Musical Celebration
& Farewell Dinner near the site

Plus....Visits to the **Valley Temple of the Sphinx** and **Sakkara**

**Shahrzad Awyan is partially visible in this amazing photo below,
taken on December 8, 2009**

inside the King's Chamber of the Great Pyramid.

She's standing on the left at the end of the resonant box.

Note also the other people standing behind it.

The photo was taken after the group had been chanting for more than two hours.

**It is NOT a double exposure, but rather an awesome example
of how frequencies can change**

when we tone and meditate in this very sacred place.

We can become less 3-D and move into other dimensions!

To view a larger size of this photo, visit <http://www.egyptinstitutions.com/about.htm>



Photo Credit: Honza Elias

SPECIAL GUEST SPEAKER!

Robert Bauval



**Egyptologist and author of The Egypt Code, The Orion Mystery,
The Message of the Sphinx,**

**Secret Chamber: The Quest for the Hall of Records
and other innovative and revolutionary books about ancient Egypt**

**Hear his exciting cutting-edge research and theories in his presentation:
"The Cosmology and Star-Religion of the Pyramid Builders"**

SPEAKERS

**WISDOM KEEPERS & TEACHERS from The KHEMIT SCHOOL OF ANCIENT MYSTICISM,
who are experts in the fields of frequency!**



Left to Right: Andrea Mikana-Pinkham, Shahrzad Awyan & Patricia Awyan



Yousef Awyan

FOCUS FOR THE EVENT

**This is a unique venue for great minds and hearts to come together to share
cutting-edge research, views, feelings and opinions
about what's occurring on our planet at this momentous time in human evolution,
and what we can do individually and globally to make the ride smoother
as we spiral into 2012 and beyond.**

This event will be totally different than any event that you've participated in before.

It's unique in that it will be a collaborative effort!

**It's about everyone who will attend working together
to integrate the thoughts, ideas and wisdom presented throughout the event,
as well as the experiences at the sacred sites, in such a way as to continue to
anchor the evolving energies to enhance the personal and global
experiencing of The Shift.**



This is a **life-changing opportunity**, not only to get together with those of like mind to discuss this important topic that is foremost in our lives right now, but to also **experience Egypt, the land of ancient Khemitians**. These people of elevated consciousness lived in harmony with nature through harnessing the powerful frequencies of sound and water. Their teachings reveal that this is the time of the **New Dawn**, when we're moving out of the age of darkness into our full-flowered consciousness once again.

The Khemit School of Ancient Mysticism believes that we all have much to learn from them about how to accomplish this shift with ease and grace, and that the time to do so is **NOW!**

**We've lowered the price for this exclusive event by \$300.00 per person!
The group is filling!**

Registration closes March 1st, or sooner if the group fills before that date.
Reserve your space **NOW** in order to assure your participation.

For complete details, the new **LOWER PRICING** & to access a registration form, visit <http://www.egyptinitiations.com/events.htm>

MARCH: EGYPT

Stay on in EGYPT after the event and join us on our Spiritual Pilgrimage!
Or, join us even if you've not attended the event!

We still have space for YOU, though the group is filling quickly!
Registration closes March 1st, or sooner if the group fills before that date.



Sacred Initiatory Journey

March 21 - 31, 2010

SPECIAL OFFERINGS!

ASWAN

PRIVATE ENTRANCE at the **TEMPLE OF ISIS**
for an Initiation into Her Divine Feminine Mysteries
Empowerment Initiation from Khnum, the Divine Potter,
on **ELEPHANTINE ISLAND**

NILE CRUISE

Strengthen your Higher Self Connection at the Temple of Horus at **EDFU**
Initiation to balance your Inner Light & Dark
at the Temple of Sobek/Haoeris at **KOM OMBO**

LUXOR

SEKHMET'S CHAPEL at **KARNAK**: Initiation as a Priest or Priestess
of Her ancient healing tradition

KARNAK TEMPLE: Initiation into the Mysteries of Amon-Ra and Mut

LUXOR TEMPLE: Explore the Third Eye mysteries at night under the starry Egyptian sky

WEST BANK: Initiation into the Divine Feminine Energies at **Hatshepsut's Temple**

Explore the Mysteries of Death & Resurrection
in the ancient tombs in the **Valley of the Kings**

ABYDOS: Initiation into the Mysteries of Osiris

Includes visit to the ancient pre-dynastic **Osireion**

DENDERA: Initiation into the Greater Mysteries of Hathor

PLUS Optional Post-Tour Class
with Wisdom Keeper Shahrzad Awyan
to learn ancient Egyptian Healing Techniques
March 31 - April 2, 2010

A Few Words from Elizabeth:

I am finally "back". It took me more than a week to become familiar with this new, expanded self. I woke up every night at 1:30 am to have breakfast (starving!) I feel very quiet inside and at peace. I want to thank Andrea for her gentle guidance and wisdom, her beauty as a person and for her commitment to the work. Of course, I am still integrating and learning from the energies we received in Egypt, but so far as I can describe it, these energies are of an exquisite nature, very refined. It is amazing that what was created in ancient times is today a calling for the world to transform. How is this possible in the middle of such noise, dense population, dirt, etc., for these energies to just BE and CREATE change? I love the mysteries - I love life! People ask me "what was your favorite part?" I stop to reflect, and all I can say is "everything!" Egypt came in a package, and all of it was experiential. I can't wait to go back. - L. Kramer, MD



Egypt Photo Gallery

To view many photos from our Sacred Sites Journeys to Egypt, visit the Photo Gallery on our website at <http://www.sacredsitesjourneys.com/Egypt-PhotoGallery-1.htm>

Khemit School of Ancient Mysticism E-Newsletter

To view our February 2010 issue, visit www.EgyptInitiations.com/KSAM-Feb2010-ENews.pdf

If you would like to sign up to receive our monthly E-newsletter, you can do so at <http://www.egyptinitiations.com/signup.htm>

We've lowered the price for this exceptional and exclusive spiritual pilgrimage by \$500.00 per person!

The group is filling!

Registration closes March 1st, or sooner if the group fills before that date. Reserve your space NOW in order to assure your participation.

**A Message from Patricia Awyan,
Teacher in The Khemit School of Ancient Mysticism
on the upcoming "2012: Spiraling into The Next Cycle" Conference
& Sacred Initiatory Journey
March 16 - 31, 2010 in Egypt**

The **Awyan** family is gearing up for another fabulous event and sacred initiatory journey with **Andrea Mikana-Pinkham** and participants in **The Khemit School of Ancient Mysticism!** Rarely does an opportunity like this present itself to a spiritual traveler or any traveler to Egypt. You will have the opportunity to "hang out" with what we call the **"Key Holders" to the hidden mysteries and healing energies** of both ancient & modern Egypt, at their home in the village of Nazlet El Samman at the base of the Sphinx and Pyramids!

Shahrzad, Yousef and I will be offering lectures and opening dialogues for discussion that center on the much of the teachings of their Father **Hakim Abd'el Awyan**, renowned **"Wisdom Keeper"**, and teacher of the ancient mysteries according to the oral tradition of the indigenous tribes of ancient Egypt.

We are excited to be introducing *new* discoveries, thoughts and ideas derived from recent explorations on various research trips.

Were many of the ancient temple and pyramid sites originally laid out as "energy devices"? Were they used as Star Gates? Do our very own bodies have potential portals and Star Gates within them? Are these areas within & without being activated NOW?

We will discuss these potentials---and much more during the conference---and plan to open your eyes to these possibilities & more--as we physically show you the anomalies and items of interest at the sacred sites throughout Egypt on our Pilgrimage.

We will awaken the energies of these sites (and ourselves) with our combined effort of the powerful sound frequencies of chanting & toning, along with Andrea's unique "lapis" crystal bowl-

& open the space to initiate ourselves into higher vibrational levels of understanding & beingness.

The magic of Egypt leaves no traveler untouched. **If you have been hearing the call to come to Egypt....this may be your opportunity of a lifetime!**

For complete details, the new **LOWER PRICING** & to access a registration form for our **March 2010 Sacred Initiatory Journey**, visit <http://www.egyptinitiations.com/pilgrimages-march2010.htm>

APRIL: PERU



Mystical Journey to Machu Picchu

April 24 - May 1, 2010

Extension to Lake Titicaca: May 1 - 4, 2010

SPECIAL OFFERING!

Early Registration Discount until February 15, 2010!

This group is open to the first 10 people who register.

Registration closes April 5, 2010.

We only have a few spaces left, so we encourage you to reserve your space now in order to assure your participation!

**Led by Andrea Mikana-Pinkham,
Andean Shamanic Practitioner in the Inca Spiritual Tradition**

& Dr. Pepe Altamirano, One of Peru's Foremost Spiritual Tour Guides



**Andrea has been leading spiritual pilgrimages to Peru since 1994.
She and Pepe have worked together for many years.
During the pilgrimage, they will offer traditional Andean
rituals to connect with the Pachamama
(Mother Earth), the Serpent, Puma and Condor, the totem animals of the Three Worlds,
as well as the elements of earth, wind, fire and water,
and the sacred apus, the famous mountain spirits of the Andes.**

**Journey with other spirit-centered travelers to the majestic and awe-inspiring
land of the ancient Incas on a mystical journey to Cusco,
Sacred Valley of the Incas and Machu Picchu!
Connect with the powerfully transformative energies at Sacsayhuaman,
Tambo Machay, Pisac, Ollantayambo & Machu Picchu
And the interdimensional stargate of Aramu Muru's Doorway at Lake Titicaca
Engage the magic and mystery of the rich legacy of traditional Andean rituals
and the esoteric wisdom of the indigenous Elders.**

A Few Words from a Peru Traveler:

The connection that I made to the Pachamama, the Mother Earth, was the most profound experience of my life! Everything in Peru is alive with energy! And offers it so willingly and lovingly to those who take the time to connect and honor it. I have never felt so loved or nurtured. During our journey Pepe and Andrea assisted us to make our connections with these palpable energies through the offering of Andean rituals and meditations at the sacred temples. And we had time to just sit and "tune in" and receive.

**The Pachamama Brought Us Home!
Highlights of our Sacred Sites Journey to PERU
Mystical Journey to Machu Picchu & Lake Titicaca
June 13 - 24, 2009**



I flew to Cusco a few days before our tour group members arrived to visit with my godchildren and their families. I arrived on June 10th and met with **Oscar**, my 25 year-old Godson (left). I enjoyed hearing about his trip to the US this past winter when he worked on the Carnival Miracle cruise ship. He had taken videos of the ship and showed them to me on his stylish new laptop. My 8 year-old God-daughter **Esmeralda**

and her family and I went shopping for a new jacket for her. We found a stylish one at Top y Top, the store that is located on the grounds where the hotel was that I stayed at when I first met her parents many years ago. My 15 year-old Godson **Antonio** came to visit me at my hotel with his sister Julia (19) and brother Daniel (13). We had a great chat; they had tons of questions about The Da Vinci Code! Madrina is doing her job of guiding them all on their spiritual paths. And loving them!

Our group arrived in Cusco on Saturday, June 13th. Excitement was high as we transferred to our very newly-remodeled hotel on Avenida del Sol, one of the main streets in the heart of the city, only 2 blocks from the main square. After resting for the afternoon to adjust to the altitude we walked to the nearby Inca Wall restaurant for our luscious buffet dinner of Peruvian cuisine and a fantastic floorshow of traditional dances. Some of the group members even danced - quite a feat at the high altitude!

On Sunday we started our pilgrimage with a visit from the **Q'ero Elders**. Don Mariano and his nephew/apprentice offered a *despacho*, a ritual blessing to the Mother Earth (Pachamama) and the Apus (sacred mountain spirits) for our group, as well as a blessing for each of us for a safe and enlightening journey.



Then we were off to **Sacsayhuaman**, one of the most famous of the sacred sites around Cusco. We are fortunate to have Dr. Pepe Altamirano as our Guide, as he's the former Director of the National Park of Sacsayhuaman and an expert on this sacred site. He explained the important significance to us of the main altar consisting of a series of stone steps that relate to the various vibrational frequencies. We took time to attune our consciousness to some of these energetic levels. As well, we had time to meditate at the Eternal

Flame. And to connect with the powerful gigantic stones that were used to build this sacred site, all without any mortar between the several-ton blocks!

On Monday we left Cusco and drove to the lush and verdant **Sacred Valley of the Incas**. Our first stop was at **Pisac Sanctuary**, where Pepe and I led the group in a ritual to connect with the energies of the Condor, the totem of the *Hanan Pacha*, or the Upper World, in the Inca Spiritual Tradition. In the realm of our consciousness, it represents our Higher Self. Each of us "soared with the condor" during our meditation, and received its Gift of Spirit for us. Afterwards we enjoyed a yummy buffet lunch of Peruvian cuisine at Dona Clorinda's restaurant, located on the banks of the sacred Urubamba River. Retail therapy at the **Pisac Market** was next on the agenda. I took some of the women to the my friend Carlos' shaman store, where they found all kinds of shamanic tools - feathers, drums, rattles, palo santo wood, crystals, other healing stones and many more treasures. Then we had time to shop til we dropped at the marketplace. Which we did, of course! Women loose in a marketplace, with money to spend. Come on!

At the end of our day we drove to the other end of the Valley, stopping in Urubamba to visit Pablo and Marilu **Seminario's pottery studio and workshop**. We viewed a short video explaining the history of their work and how they combine the ancient Inca and pre-Inca designs with the more modern ones that come through Pablo. Then we browsed through the showroom, each of us coming away with a piece of pottery or art that remind us for years to come of Peru. Then on to the small town of **Ollantaytambo**, continuously occupied since the

days of the Incas, where we checked into our hotel nestled up next to the hills, and with a garden full of blooming flowers and special cactus.

The next morning we walked to the **Sanctuary of Ollantaytambo**, also known as the Sanctuary of the Wind. Our first stop was at the royal fountain, where we cleansed ourselves before walking to the Condor Temple. Sitting in the sun beside a running brook, among the eucalyptus trees, with the wind blowing through our hair, we took time for a peaceful meditation. Then it was off to climb to the main altar area to connect with the ancient energies and *Wayra* - the wind! Afterwards we enjoyed a free afternoon to prepare for our trip the next day - to Machu Picchu!



Wednesday morning we awoke, had an early breakfast, and walked a couple of blocks to the train station, where we boarded the Vista Dome train to **Machu Picchu**! After traveling through the valleys and canyons along the sacred Urubamba River, surrounded by the snow-topped *Apus*, we arrived in the high jungle - at Aguas Calientes, the little pueblo at the base of the mountain where Machu Picchu is located. After dropping our overnight bags off with the staff of our

hotel, we boarded the local bus, for a lively ride up sixteen switchbacks to the top of the mountain. Then it was real! We were there! We were finally in Machu Picchu! Dreams were coming true as Pepe led us through the various areas of the site, and we took time to connect with the powerful energies. At the end of our morning we finally stopped in an out-of-the-way area, where Pepe offered a ritual to assist us to further open our Third Eye. It worked! Some people felt the energy so strongly that they had a hard time standing afterwards. They were caught between two worlds! But, fortunately it was lunch time, and that grounded us. In the afternoon several of our group members re-entered the Sanctuary to explore on their own. Some took "naps" in out-of-the-way places, or wandered around to the various areas that were calling them. Others took the bus back down to Aguas Calientes and rested to integrate the powerful energies we'd received that morning.

On Thursday morning we were up before dawn, and entered **Machu Picchu** before sunrise. I led the group to an area hidden away from the tourists, a little overhang of rocks that make a little cave, facing the sacred *Apus*. I set out my *mesa* and our group put out their power objects they'd been gathering since their arrival - many amulets of the serpent, puma, and condor, and more! We then waited patiently to pay our respects to **Taytay Inti (Father Sun)**. When the first rays peaked over the mountain tops, so much energy poured into our Beings that we were overwhelmed with love and gratitude. We were at such deep levels of peace, that we all found it hard to move, much less leave once our ceremony was over. Eventually, however, everyone wandered off to explore more of the Sanctuary, and to sit and meditate and give thanks for such an awesome and inspiring experience. Machu Picchu will be a once-in-a-lifetime experience for most of our group members, though I suspect that it will likely call one or two of them back at some point. I know that pull...it's been bringing me back now each year for 16 years! In the afternoon we took the Vista Dome train back to Ollantaytambo, where we got off and onto our bus for the return drive to Cusco, arriving later evening, tired but transformed.





On Friday we enjoyed a full free day in Cusco, resting, integrating, meeting new friends we'd made, shopping, and generally making the most of time and energy. It was our last day together, as one of our members was going to leave the next day to go home. On Saturday morning we all transferred to the airport in Cusco and shared many loving hugs with her before we boarded our plane for **Lake Titicaca**, knowing she would be with us in Spirit. We arrived at the airport in

Juliaca and transferred to our hotel, a spiritual center located on the shores of the Lake. I've been staying there with my groups for many years, as the energy is very peaceful, yet also very strong. The apex of the glass pyramid that was built over the reception area is on a ley line that runs from the ancient Fertility Temple across the road from the hotel out into the Lake, and on to the Monastery of the Seven Rays that was founded by the ancient Lemurian Masters Aramu Muru and Arama Mara. In ancient times, they brought important spiritual teachings and the Solar Disc, an awesome power object, and settled the Andes. Peruvian history says they are the founders of the Inca Empire, Manco Capac and Mama Ocollo.

The next day we arose before sunrise to greet the **Andean New Year - June 21st, the Winter Solstice**, the most holy day in the indigenous world in Peru. Our

group was invited by the people of Chucuito, the little pre-colonial village outside of Puno where we were staying, to attend their traditional festivities. We walked across the road to the Fertility Temple where their rituals were taking place. A *Yatiri*, local Aymara ritual specialist, made the time-honored llama sacrifice in order to assure a New Year of abundance and prosperity for all of the people. This was followed by proclamations from various dignitaries from many outlying villages, as well as traditional dancing.



We left the celebration to have breakfast, and then departed to the **Uros Floating Islands** on



the Lake. The friendly Islanders were excited to see us and readily accepted our gifts of fruit, rice, pasta, and other staples. They invited us into their homes to meet their families and to see how they live. Like the foundations for their islands, their homes are made of the totora reed that grows in the Lake. Some of them have adapted to modern ways and installed solar panels so that they have electricity for radio and TV. After supporting their meager economy by

purchasing some of their beautiful handicrafts, we headed back to the hotel.

After lunch we met in the hotel garden overlooking the Lake and held our own **Winter Solstice**

Ceremony. I opened my *mesa* and invited the other women to put their power objects out on it for a blessing. We each chose our coca leaves, put our thoughts and prayers into them for what we wanted to create in the coming year, and then, gazing out at the *MamaCocha* and connecting with her loving and nurturing energies, offered them to Spirit.





The next morning we headed out south along the Pan-American Highway to the most famous sacred site in the area - the **interdimensional portal of Aramu Muru's Doorway**. Ancient legend says that it was here that the sage Aramu Muru walked through the portal and left the third dimension, never to return in physical body. His consort Arama Mara still lies over the Doorway, forever guarding this sacred site and inviting seekers to come and experience the palpable energies. Today was our turn to experience these exceptional transformational energies. Each of us took time to stand in the two tubes on either side of the doorway to balance our male and female energies, and then entered the portal itself, where we experienced another state of consciousness, that of Unconditional Love. For each of us it was a deep connection that will stay with us for days, weeks, months, and years to come!

Afternoon found us back at the hotel awaiting the arrival of thirty plus local children to participate in the **Magic Dream Pillow art project**. We gave each of them a pillow case, fabric markers and paints and asked them to put their dream for what they want to be when they grow up on it, so that each night before they go to sleep, they can remember this. We had a fabulous time supporting them to plant the little seed that will help them to manifest their dreams in their lives. Afterwards we gave away art supplies, toys and quality used clothing to them. What an honor it was to share with our little Brothers and Sisters!



Our last day at Lake Titicaca we went to a local beach where we had time for individual meditation to connect with the transformative energies of the *MamaCocha*. I offered my Sisters, including our local guide Gracie, the opportunity to become a member of the **Brotherhood/Sisterhood of the Solar Disc**. Each one chose a necklace with a sun on it which I'd laid out in our circle, and vowed to embody the energies of the Disc in their lives, that of Unconditional Love, and to share it with the world. Afterwards we offered **Prayers for Peace** from many of the world's spiritual traditions, sending them out on the ethers to bring peace and joy for all Beings in this world, and all worlds! We enjoyed a delicious picnic lunch on the beach, shared with some of the local doggies, and then returned to the hotel for an afternoon of rest, integration, and packing.

As I watched the sunrise from my hotel room the last morning at the Lake, I reflected on the experiences that had brought each of us to Peru, and how the *Pachamama* had called each one of us home - not only home to Peru, but home to a deeper connection with our True Selves. We'd deepened our spirituality by connecting with and engaging the powerful transformative energies at each of the sacred sites. We built a strong Sisterhood during our journey, as well as made friends with new Sisters and and Brothers. As we left the hotel that morning and headed to the airport in Juliaca, I knew that we were all feeling the bittersweetness of Good-byes. We were ready to go home, yet didn't want to leave. We knew that our lives would not be the same when we arrived back into our daily lives, but that we would continue to be wrapped in the loving Arms of the *Pachamama*, which would support us to integrate our new Selves.



For complete itinerary details & to access a registration form
for our April 2010 Sacred Sites Journey to PERU, visit
<http://www.sacredsitesjourneys.com/Peru-April2010/Peru-April2010.htm>

MAY: COSTA RICA



Women's Retreat - Goddesses in Paradise

May 22 - 29, 2010

With an optional extension to the Arenal Volcano area!

Led by Andrea Mikana-Pinkham

SPECIAL OFFERING!

Early Registration Discount until February 15, 2010!

This Women's Retreat is open to the first 10 women to register.
Registration closes May 7th or sooner if the group fills before that date.

The group is already filling.

We encourage you to reserve your space early!

Join our 2nd annual Sacred Sites Journeys Women's Retreat in Costa Rica!

Celebrate the Sacred Divine Feminine Within YOU
as you relax, renew and rejuvenate your body, mind & spirit
at AmaTierra, a life-enhancing retreat center
nestled on 8 acres in the central Costa Rican mountains.

Daily sessions to support you to access & empower your Goddess Within

SPECIAL INCLUSIONS!

A Day at the Beach!

Turubari Tropical Eco-Park

which features a guided rainforest tour

and optional canopy zipline on the best one in Costa Rica!

Visit to Horse Ranch: Goddess Power through the Way of the Horse

Individual Tarot Readings

OTHER OFFERINGS:

An Evening Sound Healing Experience with Crystal Bowls

Optional morning Hatha Yoga Classes

Optional Wellness Services:

Massage, Energy Balancing, Detoxification, Nutritional/Herbal Consultation

Relax at the pool - take a dip, lounge with a good book or write in your journal

**Enjoy 3 daily meals of a healthful combination of home cooking,
using fresh organic fruits and vegetables, local fish and chicken**

**For complete itinerary details & to access a registration form, visit
<http://www.sacredsitesjourneys.com/CostaRica-May2010/CostaRica-May2010.htm>**

JUNE/JULY: IRELAND



Shamanic Journey around the Irish Spirit Wheel

June 25 - July 5, 2010

**Led by Andrea Mikana-Pinkham,
Teacher of Goddess and Celtic Spirituality**

SPECIAL OFFERING!

Early Registration Discount until February 15, 2010!

This group is open to the first 12 people who register.

Registration closes May 28, 2010,

or sooner if the group fills before that date.

Reserve your space NOW to assure your participation.

**Come with us on a spiritual pilgrimage to the Emerald Isle,
a Shamanic Journey around The Irish Spirit Wheel,
where the ancient Sacred Sites await you!**

Celebrate Your Special Place in each direction of the life-affirming Wheel!

**Experience powerful energies of transformation
at stone circles, holy wells, passage tombs and more...
as we travel to magical places in Ireland's wildly beautiful countryside!**

SPECIAL OFFERINGS!

**Participate in meditations to connect with the powerful energies
of the sacred sites, the Irish Spirit Wheel, and the Celtic Gods and Goddesses**

A Few Words from Laurie:

My experience in Ireland was WONDERFUL! Our local guide made the trip an exciting experience with her genuine enthusiasm and extensive historical knowledge for her homeland. The innkeepers at our B and B Country House in Killarney really made us feel at home, making sure each of us was comfortable and helping with any obstacles that came up. The sights were breathtaking and, with one small itinerary change, I got to see one of the most beautiful landscapes in my lifetime with the horse cart ride through the Gap of Dunloe. Our drivers were very accommodating and knowledgeable. Andrea was wonderful at coordinating and leading our group, not only to the sights but with the group activities at each sight. Of course, last but not least, was the great people I met going on this trip. It was truly a fantastic experience.

**For complete itinerary details & to access a registration form, visit
<http://www.sacredsitesjourneys.com/Ireland-JuneJuly2010/Ireland-JuneJuly2010.htm>**

JULY: SCOTLAND



**Bonnie Scotland: Ancient Land of Sacred Sites & Enduring Mysteries
July 10 - 18, 2010
With Andrea Mikana-Pinkham
and Special Guest Speaker - To Be Announced Soon!**

SPECIAL OFFERING!

Early Registration Discount until March 15, 2010!

**This group is open to the first 15 people who register.
Registration closes June 12, 2010, or sooner if the group fills before that date.
Reserve your space NOW to assure your participation.**

Scotland is the land of the ancient Celts, whose living heritage and mysteries endure even today in the loving hearts, inquisitive minds and indomitable spirit of the people, as well as in the magic of the land!

Travel with a smaller group of spirit-centered people
to explore and discover ancient and modern Bonnie Scotland
at these sacred sites and power spots:
Roslin: World-famous Rosslyn Chapel

Edinburgh: Edinburgh Castle and Holyrood Palace

Lake of Menteith: Priory at Inchmahome & the Faery Folk

Heritage Village of Luss on Loch Lomond in the Trossachs National Park:
Church founded in 1900's, graveyard from 7th century, glebe area with Celtic Cross

Kilmartin Glen, one of the most important concentrations of Neolithic and Bronze Age
sites in all of Scotland, including Temple Wood Stone Circle

Full Day Visit to Isle of Iona, founded by St. Columba in the 540 CE

Stirling Castle, one of the grandest of all of Scotland's castles,
believed to be haunted by Mary Queen of Scots

Dunfermline Abbey, once the seat of the throne in Scotland,
and St. Margaret's Secret Cave

For complete itinerary details & to access a registration form, visit
<http://www.sacredsitesjourneys.com/Scotland-July2010/Scotland-July2010.htm>

JULY: ENGLAND



Mystical Journey of Initiation to Avalon & Stonehenge
July 18, - 24 2010

Early Registration Discount until March 15, 2010!

This Sacred Sites Journey to ENGLAND is open to the first 20 people who register.
Registration closes June 18, 2010, or sooner if the group fills before that date.
We encourage you to reserve your space now to assure your participation.

Spiritual Tour Guide:
Koko Newport, Priestess of Avalon

Speakers:

Nicholas Mann,

author of *The Isle of Avalon* and *Energy Secrets of Glastonbury Tor*

Peter Sterling,

Internationally Renowned Harpist and Sound Healer

Christina Bjergo,

author of *The Tao of Tarot*

Acupuncturist, Shiatsu Japanese Massage Therapist,
Qigong Dreamworker, Grand Master of Sacred Serpent Spiral Qigong
Sound Healer

An initiatory spiritual pilgrimage to the Glastonbury area,
home to some of the most powerful sacred sites on Earth!

SPECIAL OFFERINGS!

1) **Private entrance** inside the circle at **Stonehenge**
for Sacred Ceremony and Meditation!

2) **Private Entrance** into the **Chalice Well**
for Initiation Ceremony with Priestess of Avalon

**Access the powerful energies and esoteric significance
of the mysterious stone circles and other power spots
that will come alive for you, as you walk the ancient pathways
and connect with the rich legacy of the Celtic Goddess Tradition.**

**You will also have the auspicious opportunity to participate
in meditations, sacred ceremonies and initiations into the Avalonian Mysteries!**

A Few Words from Jennie:

The sacred journey was a great introduction to Glastonbury and its many gifts. It had the right amount of scheduled time with ample free time. I found Andrea to be very conscientious of the individuals and the group, without trying to micromanage or force and experiences. The provided information left room for my own conclusions and perceptions to integrate in the way it was meant to. This was the perfect combination of introduction and detail to help one start the integration process into the Magick and mysteries of our foundations. The experience was a beautiful and fulfilling experience that opened my eyes to new things. Humorous, fun and intellectual - my mind was fed and I was left wanting more information, more experience and more time. I thoroughly enjoyed the Nicholas Mann's visit and discussion; his kind, compassionate and integrity of manner inspired me to think, to feel and most importantly - to remember.

**For complete itinerary details & to access a registration form, visit
<http://www.sacredsitesjourneys.com/England-July2010/England-July2010.htm>**

SEPTEMBER: GREECE



Spiritual Odyssey of Initiation - Sacred Sites & Ancient Oracles
September 15 - 28, 2010
Led by Andrea Mikana-Pinkham

**Connect with the powerfully transformative energies
of the ancient temples that housed the Greek Mystery Schools
and ancient oracle sites!**

**Receive the legacy of the great Gods and Goddesses that shaped Western Civilization
and accept them as aspects of your own consciousness!**

**Explore the ancient temples to encounter and connect with
the energies of the Gods and Goddesses**

ATHENS: City Tour, including the Acropolis and Parthenon, dedicated to Athena

LEVADIA: The Oracle of Triphonius

DELPHI: Sanctuary of Athena, Temple of Apollo, the Oracle of Delphi

DODONA: The Oracle of Zeus

VRAVRONA: Artemis Temple

DELOS ISLAND: Birthplace of Artemis and Apollo

ELEUSIS: Site of the Eleusinian Mystery School of Demeter & Persephone

SPECIAL OFFERINGS!

Sacred Ceremonies, Meditations & Initiations at the temples/sacred sites

A Few Words from Christina:

Greece was my fourth sacred journey with Andrea and it was nothing but fabulous. Each island on the cruise had its own flavor, beauty and history. And there was so much I learned from our gracious and knowledgeable local guide at the sacred sites and throughout our tour of the mainland. Driving through the mountains and along the coast was as educational as it was scenic. I am convinced that there is no better way to appreciate the accomplishments and spiritual traditions of the past than to experience them first hand (and with Delphi, Crete, Epidauros, Olympia, Ephesus and Eleusis there was so much to learn). My 12 year old son has never had such a fabulous history lesson. What an adventure through so many different spiritual traditions for us both! The pilgrimage through Greece cannot but deepen the spiritual unfolding of a person's life. I most highly recommend it.

For complete itinerary details & to access a registration form, visit
<http://www.sacredsitesjourneys.com/Greece-Sept2010/Greece-Sept2010.htm>

SEPTEMBER: FRANCE



Mary Magdalene & Black Madonna Pilgrimage **September 20 - 30, 2010**

Led by Mark Amaru Pinkham,
author of *Guardians of the Holy Grail* and *The Return of The Serpents of Wisdom*

FRANCE

Rennes le Chateau

The Chapel of St. Mary Magdalene where in 1891 priest Berenger Sauniere is alleged to have discovered some hidden documents that record the Holy Bloodline from Jesus and Mary Magdalene

Rennes-les-Bains

The hot springs below Rennes le Chateau were many of the important water ceremonies dedicated to the Goddess and Mary Magdalene once took place...and still occur

Bezu

Home to an ancient castle of the Knights Templar

Bugarach

A holy mountain near Rennes le Chateau rumored to contain a network of tunnels once used by the Templars and Cathars

Montsegur

The famous mountain-top temple of the Cathars that was used as their last refuge from the Inquisition

Saintes-Maries-de-la-Mer

The French port city on the Mediterranean Sea where Mary Magdalene and many of the disciples of Jesus landed after fleeing the Holy Land. It is currently a sacred city of the Gypsies and contains a statue of their patroness, Black Sarah, who may have been the daughter of Mary and Jesus.

SPAIN

Montserrat

A sacred mountain in Spain where a Benedictine Monastery houses

one of the most powerful Black Madonnas in Europe
Many legends point to Montserrat as being the final home of the Holy Grail
and a region where many important Knights Templar ceremonies once occurred.

Barcelona

Explore the extensive history and unique artistry of this Spanish port city.

Itinerary and pricing being finalized. Check our website soon for details!

SEDONA

Tour Dates Available at Your Request



Vortex Tours with author Mark Amaru Pinkham

<http://www.sacredsitesjourneys.com/SedonaVortexTours/SedonaVortexTours.htm>

**For more information about any of our Sacred Sites Journeys,
please email Andrea at info@SacredSitesJourneys.com
Call 888 501-3853 (Toll Free in the US) or 928 284-2384**

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Links

The International Order of Gnostic Templars

A Modern Day Knights Templar Order
Dedicated to the Revival of Gnostic Wisdom and the Goddess Tradition
<http://www.GnosticTemplars.org/>

The Khemit School of Ancient Mysticism

www.EgyptInitiations.com

Emerald Energies

The Leading Circulator of Metaphysical & Spiritual Electronic Media
<http://www.Emerald-Energies.com/>

Listen to Your Animals

Sharon Loy - Animal Communicator
www.ListenToYourAnimals.com

Mystery School of the Temple Arts

Illuminating the Path of Self-Realization through breath, movement, visualization, sound
& touch
www.OneSpaceConnected.com

Peter Sterling, Harpist & Sound Healer

www.HarpMagic.com

Christina Bjergo, Author, Acupuncturist

<http://www.wildirisasianwellness.com/index.htm>

Sacred Mandalas and Transformational Jewelry

By Artist Michelle Zwrn

<http://www.walkingthespiral.com/>

A Few Words from Andrea: Spring is coming! The ancient Celtic festival of Imbolc is on February 2nd, for those of us living in the Northern Hemisphere. The evening of February 1st can be seen as the spiritual community's alternative to New Year's Eve. Just as Father Time represents the old, outgoing year and the baby represents the year being born in the secular celebration, the imagery at Imbolc is of the crone, who represents the outgoing year, turning things over to a fertile young maiden. The barrenness of winter is replaced by Spring's warm return, when the earth is once again fertile.

Imbolc is also a time of weather prognostication. The Celtic tradition of watching to see if serpents or badgers came from their winter dens is the precursor to our Groundhog Day. Imbolc (pronounced "IM-bulk" or "EM-bowlk") is the festival of the lactating sheep and is dedicated to the goddess Bridget. The name refers to the lactation of the ewes, the flow of milk that heralds the return of the life-giving forces of spring. Fire and purification are an important aspect of Imbolc. Bridget, also known as the Light-Bringer, is associated with sacred flames. The lighting of candles and fires represents the return of warmth and the increasing power of the Sun over the coming months.

I invite you to take a few quiet moments to light a candle and reflect on your life over the winter months. What has been barren? What has gone underground? What do you want to bring out into the light of the new cycle of creativity? Now is the time to place your thoughts on what you want to create for the coming year. The renewed life force within yourself will manifest what you envision, in tandem with your Inner Spirit, clarity of focus and feeling the emotion of what it's like to have what you want. Remember, there is really no time...it's all now! So see/hear/feel/know your dreams are your reality. And enjoy the fruits of your labor.



Blessings in The Light of Creativity to Each of You!
Andrea

Andrea Mikana-Pinkham, Founder/Director/Tour Hostess
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