

[www.SacredSitesJourneys.com](http://www.SacredSitesJourneys.com)

## **SACRED SITES JOURNEYS**

### **JANUARY 2009 E-NEWSLETTER**

**NOTE:** Links in this e-newsletter may not be “hot”.  
If not, then please copy and paste into your browser.

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Director of Sacred Sites Journeys**

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#### A Message from SSJ Director Andrea Mikana-Pinkham

##### Keeping the Faith



As I write this message on the eve of the inauguration of our 44th U.S. President Barak Obama, I'm filled with incredible gratitude for the changes that are taking place in our world. Not only due to the transition in our government, but equally as much for the transitions that are taking place within each and every one of us on the planet. Yep, "the times they are a changin'", and for the better from what I can tell.

Our Sacred Sites Journeys groups for 2009 are filling with excited and optimistic travelers! During these chaotic times when many people are succumbing to the energies of fear, as I communicate with these folks on a daily basis, I find that the grip of the paralyzing **F**alse **E**vidence **A**ppearing **R**eal is not part of their reality. And I'm deeply moved! I feel very proud of each one of them for walking their walk and trusting in the infinite goodness and abundance of Spirit and their Higher Power. It's a beautiful thing to observe Spirit alive and well within them! And to see that they're trusting in their empowerment as a Spiritual Being Having a Human Experience to manifest the good that they want for their lives, and to know that they deserve it.

I'm equally excited when these same people tell me that they recognize that sacred travel is a huge piece of their life path. And that they're ready to experience how it deepens their spirituality and enriches their life. I'm honored to be able to support them to have the entire sacred travel experience - starting from the time that they view the journeys on our website, through their registration and preparation for the journey process, and most importantly, to be with them during the actual sacred journey. Thank you for this opportunity to serve you and the Higher Truth, Sisters and Brothers! May more of your spiritual family join you!

For more information about Andrea, visit  
<http://www.sacredsitesjourneys.com/about.htm>

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## **Our 2009 Sacred Sites Journeys** Listed below by date

### **EGYPT: A Sacred Initiatory Journey to the Land of Ancient Mysteries** April 1 - 12, 2009

**with extension to Sharm El Sheikh on the Red Sea  
April 12 - 15, 2009**



#### **IMPORTANT ANNOUNCEMENTS:**

**1) On January 15, 2009 we lowered the price of this awesome spiritual pilgrimage considerably.**

**Use the link below to check it out!**

**2) The journey was originally listed as being open only for those who have been to Egypt.**

**It's NOW open to everyone! And is filling, so please reserve your space soon!**

**3) Travel to Egypt is safe! None of the areas that we will be traveling to are anywhere near the conflicts**

**that are happening in the Middle East.**

**Over the years that I've lead groups to Egypt we have never had one problem with regards to safety.**

**I'm very happy to speak with you about any concerns you might have. Just give me a call. (Info below)**

**Encounter the powerful energies of the sacred sites of Egypt  
and r  
eceive transformative initiations**

**from the Neters (the Egyptian Gods & Goddesses)  
as you engage the ancient energies on a profound level!**



**SPECIAL GUEST SPEAKER:** Shahrzad Aryan,  
Lineage Bearer in the Egyptian Wisdom Keeper Tradition

**FEATURED SPEAKER:** Andrea Mikana-Pinkham,  
Director - Sacred Sites Journeys,  
Member - Fellowship of Isis  
Student of Egyptian Wisdom Keeper Tradition

**EGYPTOLOGIST GUIDE:** Vivian Zaki, PhD

### **SPECIAL OFFERINGS!**

Mystery school initiations, ceremonies & meditations at sacred sites  
facilitated by Shahrzad and Andrea

Commune with **THE SPHINX/TEFNUT** for Initiation into Her Deeper Mysteries

Visit ancient **MEMPHIS**, ancient Khemtian site & capital of the Old Kingdom

Entrance into **MENKAURE'S PYRAMID**  
on the Giza Plateau for a sound healing ceremony

Sound Healing Initiations at the **RED PYRAMID & SAKKARA**

Explore the ancient Per-Neter at **ABUSIR**

Encounter and examine the mysterious artifacts  
at the ancient "landing site" of **ABU GHUROB**

Visit to the Crypt at **DENDERA** for Initiation into the Greater Mysteries  
& to the Mammisi to Connect with the Divine Feminine Energies of Birth & Creativity



At **SEKHMET'S CHAPEL** at **KARNAK** receive Initiation  
as a Priest or Priestess of Her healing tradition

Sunset Camel Ride on the **WEST BANK**,  
including Dinner at a traditional roof-top restaurant

Enjoy the **SPA FACILITIES** at our luxurious hotel on Elephantine Island in Aswan

Visit downriver from Aswan to a **NUBIAN VILLAGE** on the Nile,  
including a stop on the beach for a swim and picnic lunch

Receive an Empowerment Initiation from Khnum on **ELEPHANTINE ISLAND**

Private entrance into the **TEMPLE OF ISIS**  
for Initiation into the Divine Feminine Mysteries of Isis

And as always....Private Entrance into the King's Chamber of the **GREAT PYRAMID**  
for our Closing Ceremony & Meditation,  
which will include an Initiation into the Mysteries of Thoth and Seshat

**Participation is open to the first 20 people who register.**  
**This Sacred Sites Journey is already filling quickly!**  
**Book NOW to reserve your space and to avoid disappointment!**

For more information about the journey & our special offers, visit  
<http://www.sacredsitesjourneys.com/Egypt-April2009/Egypt-April2009.htm>

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**COSTA RICA: Goddesses in Paradise**  
**Celebrate the Divine Feminine in YOU!**  
**May 16 - 23, 2009**



**NOTE: The earthquake that hit Costa Rica on Thursday, January 8, 2009  
was not in the area of the retreat center that we will be staying at during our retreat.**

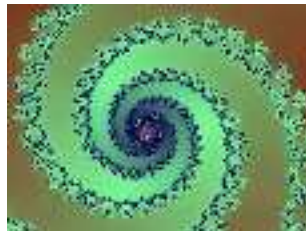
**The quake was centered about 20 miles northwest of the capital city of San Jose,  
near Poas Volcano National Park.**

**Join Sacred Sites Journeys Director  
Andrea Mikana-Pinkham on our Women's Retreat in Costa Rica!**

**Celebrate the Sacred Divine Feminine Within YOU  
as you relax, renew and rejuvenate your Spirit  
at Ama Tierra, a life-enhancing retreat center  
nestled on 8 acres in the central Costa Rican mountains.**

**The paradise of Mother Nature and YOU are the Sacred Sites**

*A word from Andrea: "As women, we are all born Goddesses. By undertaking this spiritual retreat to reclaim Her true essence, you will realize more of your Goddess Within. My goal is to support each of you to come to know your Divine Feminine or Goddess Aspect on a more profound level. Through meditations, rituals, ceremonies, divinatory tools, and a group channeling session, we'll tune into the energy, voice, vision of the Goddess Herself, as She relays Her unique and timely messages to you. It's my hope that when you leave our Women's Retreat and return home to your life, you'll see the issues and people in it with a new perspective - one that you will be able to use to engage your life with more of Her qualities of Love, Allowance, Compassion, and Intuition, so that you will deepen your spirituality and serve others in more creative and positive ways."*



**Daily sessions to support you to access the Goddess Within  
Empower the Goddess Within  
Message from the Kumaras - The Divine Feminine Within  
Deepen Your Connection with Your Intuition**

**SPECIAL INCLUSIONS!  
A Day at the Beach!**

**Turubari Tropical Eco-Park  
which features a guided rainforest tour  
and optional canopy zipline - the best one in Costa Rica!**

**OTHER OFFERINGS:  
An Evening Sound Healing Experience with Crystal Bowls**



### Optional morning **Yoga Classes**

#### Optional **Wellness Services:**

**Massage, Energy Balancing, Detoxification, Nutritional/Herbal Consultation**



### Individual **Tarot Readings**

**Hike** to the stream or the pochote tree forest where you might just see a colorful toucan, an iridescent mot-mot or any one of several species of birds

**Horseback riding** in the hills with amazing views of the green valleys, the forest and even the Nicoya Peninsula and ocean beyond  
or ride to a waterfall or to a secluded thermal water pool (hotsprings)

Visit **Puriscal**, a bustling town with its market and traditional town square

Relax at the **pool** - take a dip, lounge with a good book or write in your journal



Enjoy **3 daily meals** of a healthful combination of home cooking, using fresh organic fruits and vegetables, local fish and chicken

A library of **DVD's** with players in all rooms

**This Women's Retreat is open to the first 15 women to register.  
Registrations are coming in!**

**We encourage you to reserve your space early!**

For more information, visit

<http://www.sacredsitesjourneys.com/CostaRica-May2009/CostaRica-May2009.htm>

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## **PERU: Mystical Journey to Machu Picchu**

**June 13 - 20, 2009**

**with extension to Lake Titicaca to Celebrate the Solstice**

**June 20 - 24, 2009**



***From Andrea: "Since 1994 I have led over 26 spiritual pilgrimages to Peru,  
and have an excellent network of people to support you to make this  
one of the most awesome experiences of your life!"***



***"Our spiritual tour guide will be Dr. Jose (Pepe) Altamirano,  
who is my dear spiritual brother and an excellent bilingual guide.  
Pepe is a Peruvian Mystic and Ritual Specialist in the Inca Spiritual Tradition,  
Former Director of the National Institute of Culture,  
Former Executive Director of the National Park of Sacsayhuaman,***

***Author of Sacsayhuaman: The Most Powerful Temple of the Andean Culture"***

***"I invite you to journey with myself, Pepe  
and our smaller group of other spirit-centered travelers  
to the majestic and awe-inspiring land of the ancient Incas  
on a mystical journey to Machu Picchu!"***

**Experience the magic and mystery  
of the rich legacy of traditional Andean rituals  
and the esoteric wisdom of the ancient Incas!**

**Connect with the energies of the **Three Worlds of the Incan Cosmology**  
and learn the lessons each of these has to offer and how to use them in your life  
to be in balance with your Self, as you further open your heart  
...for personal, as well as planetary healing.**

**As we journey to enigmatic and mysterious **Machu Picchu**,  
the City of Light and Crown Jewel of the Andes,  
we will explore the ancient Sanctuary and tap into the transformational energies  
that are still present in its various temples.**

**SPECIAL OFFERING:** During our special **Sunrise Ceremony** at Machu Picchu  
we will greet *Taytay Inti* (Father Sun)  
as He returns to give life for another day to His Children,  
just as the ancient Incas did when they inhabited the Sanctuary.  
**PLUS, you will have plenty of time to explore on your own!**

**At the sacred sites in and around charming and picturesque Cusco,  
we will cleanse and enliven our chakras by connecting with the  
water, earth, fire and air elements  
and the ancient **Eternal Flame of Light** that still exists for those that open their hearts to  
it!**

**At the sacred sites of **Pisac & Ollantaytambo** in the **Sacred Valley of the Incas**  
we will soar with the Condors and connect with the elements of water and air.**

**IMPORTANT:**

**You'll have time to relax and integrate the energies  
of the various sacred sites you will visit  
so that your Sacred Journey will  
rejuvenate, restore and heal your body, mind and spirit!**

**Read "**In the Arms of the Pachamama**"**

**A Sacred Travel Account by Andrea Mikana-Pinkham**

**<http://www.sacredsitesjourneys.com/Peru-June2009/InTheArmsOfThePachamama.pdf>**

**Participation is open to the first 22 people who register.**  
This Sacred Sites Journey is already filling quickly!  
Book NOW to reserve your space and to avoid disappointment!

For more information about the journey, visit  
<http://www.sacredsitesjourneys.com/Peru-June2009/Peru-June2009.htm>

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**ENGLAND: Mystical Journey to Avalon  
& Sacred Sites of the Goddess  
July 19 - 25, 2009**



*Join SSJ's Andrea Mikana-Pinkham,  
our Spiritual Sister & Tour Guide - Priestess of Avalon Koko Newport,  
and our Spiritual Brother - author & Druid Nicholas Mann,  
on this transformational spiritual pilgrimage to the Glastonbury area,  
home to some of the most powerful sacred sites on Earth!*

In ancient Avalon  
you will be able to access the powerful energies and esoteric significance  
of the mysterious stone circles and other power spots.

They will come alive for you, as you walk the ancient pathways  
and connect with the rich legacy of the Celtic Goddess Tradition.  
and participate in meditations, sacred ceremonies and initiations  
into the Avalonian Mysteries!

**\*\* At world-famous Stonehenge, Avebury and Silbury Hill,  
you will experience the powerfully transformative and palpable energies  
that have endured here for centuries...  
ready and waiting to assist you in your spiritual evolution.**

**\*\* In ancient Avalon, at Glastonbury Tor and the Chalice Well,  
you will transcend the veil of time and place  
and connect with the lingering energies from the past.**

**\*\* Our journey is during the high season for crop circles.**

We'll explore the strange and puzzling mystery of these intricate symbols that seem to appear out of nowhere in the local fields.

(Admission to fields is subject to permission of the owner, at the time of our request.)

**\*\* Our home base will be magical and peaceful [Glastonbury](#). You'll have plenty of free time to explore its secrets!**

### **SPECIAL OFFERINGS!**

**1) Private entrance inside the circle at Stonehenge for Sacred Ceremony and Meditation!**

**2) Private Entrance into the Chalice Well for Initiation Ceremony with Priestess of Avalon as Brothers and Sisters of Avalon**



**3) Visit to Glastonbury Tor and the Chalice Well with author and Druid Nicholas Mann**



**Participation is open to the first 22 people who register.**

**This Sacred Sites Journey is already filling quickly!**

**Book NOW to reserve your space and to avoid disappointment!**

For more information, visit

<http://www.sacredsitesjourneys.com/England-July2009/England-July2009.htm>



**IRELAND: Sacred Sites of the Emerald Isle**  
**September 19 - 27, 2009**



**Join SSJ's Andrea Mikana-Pinkham**  
**and our smaller group of other spirit-centered seekers**  
**to travel in sacredness to connect with the ancient sacred sites of Ireland.**

**Experience the powerful energies at stone circles, holy wells,**  
**passage tombs and other sacred sites in the magical areas of the**  
**wildly beautiful countryside of the Emerald Isle!**

**SPECIAL OFFERINGS!**

**Participate in meditations & rituals to connect with the powerful energies**  
**of the sacred sites and Celtic Gods and Goddesses**



**Our Tour Guide in the Killarney area will be Patricia Gogsch.**  
**Patricia is loved and appreciated by our groups for her friendly, caring, knowledgeable**  
**and professional services. As a Killarney native, she is able to offer us a very unique**  
**experience in County Kerry and the surrounding areas.**



## You'll encounter and engage the transformational energies at...

- \*\* The UNESCO World Heritage site of **Newgrange**, one of the oldest sacred sites on the planet!
- \*\* The **Hill of Tara**, the Mother Womb of Ireland, with the **Stone of Destiny** that roared when the rightful High King was crowned
- \*\* 5,000 year old Bronze Age **Druid Stone Circle** at Kenmare, the largest in southwest Ireland
- \*\* **Grange Stone Circle** dedicated to Aine, Celtic Goddess of love, growth, cattle, and also associated with Light and the Sun
  - \*\* **Holy Well** at Ballyvourney dedicated to the Divine Feminine and Her powers of healing
  - \*\* **Holy Well** at Newcastle West dedicated to Bridget, Ireland's beloved Mother Goddess
- \*\* **Sheela-Na-Gig**, ancient symbol of the freedom & creativity of the Divine Feminine
- \*\* **Killarney National Park**: Innisfallen Island, with it's ancient Celtic Cross where you can leave offerings for good luck; Ross Castle, built in the 15th century by O'Donaghue chieftains; and Torc Waterfall, with its magical energies of the elementals, devas, or Faery Folk
- \*\* **Ring of Kerry**, a winding scenic route in southwestern Ireland, which many people claim has the best in scenery and magic that Ireland has to offer!
- \*\* **Skellig Michael**, a UNESCO World Heritage Site from the 7th century that today retains a deep and abiding spiritual peace

*Plus, you'll have time to explore on your own in Killarney and Dublin!*

**Participation is open to the first 20 people who register.**  
This Sacred Sites Journey is already half full!  
Book NOW to reserve your space and to avoid disappointment!

For more information, visit  
[www.sacredsitesjourneys.com/Ireland-Sept2009/Ireland-Sept2009.htm](http://www.sacredsitesjourneys.com/Ireland-Sept2009/Ireland-Sept2009.htm)

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**GREECE: Spiritual Pilgrimage,  
including a Greek Islands Cruise  
October 11 - 22, 2009**



Join Andrea and our group on this sacred journey to connect with the powerfully transformative energies of the sacred sites that housed the ancient Greek Great Mystery Schools!

We'll explore the ancient Greek temples and connect with the various Gods and Goddesses that the Greeks used to teach humankind about the aspects of consciousness that we all exhibit.

**SPECIAL OFFERINGS!**

**Sacred Ceremonies, Meditations & Initiations at sacred sites  
Greek Island Cruise  
Optional Sharing Circles  
Welcome & Farwell Dinners in Athens**

**Ancient Temples**

- \*\* **Athens** - the Acropolis, including the Parthenon
- \*\* **Olympia**, home of the Gods and the former Statue of Zeus, one of the Seven Wonders of the Ancient World
- \*\* **Delphi** - Sanctuary of Athena, Temple of Apollo, and the world-famous Oracle of Delphi
- \*\* **Temple of Eleusis** - Ancient Mystery School of Demeter, the Earth Mother Goddess

**Greek Island Cruise**

**Mykonos, Ephesus (Turkey), Patmos, Rhodes, Crete, and Santorini**

**Participation is open to the first 20 people who register.**

**This Sacred Sites Journey is already filling quickly!  
Book NOW to reserve your space and to avoid disappointment!**

**For more information, visit**

**<http://www.SacredSitesJourneys.com/Greece-Oct2009/Greece-Oct2009.htm>**

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**EGYPT: Sacred Journey of Initiation**  
**November 7 - 22, 2009**



**To Be Posted Next Month!**

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**SEDONA VORTEX TOURS**  
**with author Mark Amaru Pinkham**



**Dates available by appointment**

**Enjoy the world-famous Red Rock country of SEDONA,  
one of the most sacred and powerful places on earth!**

**Experience Spiritual Adventure, Healing, Relaxation, and Rejuvenation  
with author and spiritual teacher Mark Amaru Pinkham,  
a Sedona resident who is in tune with these powerful energies  
and will help you to connect with them!**

**For more information**

and to book your Sedona Red Rock Vortex Adventure, visit  
<http://www.sacredsitesjourneys.com/SedonaVortexTours/SedonaVortexTours.htm>

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**GNOSTIC KNIGHTS TEMPLAR SEMINARS**  
with Mark Amaru Pinkham



Mark is the North American Grand Prior of The International Order of Gnostic Templars.

He will be traveling throughout the US, Canada and Europe in 2009 offering seminars about Gnosticism, Alchemy and the Teachings of the Divine Feminine as part of  
**The Ancient Academy of Noble Gnostic Knights**  
and  
**Gnostic Knight Templar Training Seminars: Level 1**

Los Angeles CA  
January 29 - February 2, 2009

New York City, NY  
April 2 - 5, 2009

For more information, visit <http://www.gnostictemplars.org/workshops.html>  
Or Contact Mark at [info@GnosticTemplars.org](mailto:info@GnosticTemplars.org) or 928 284-1429

**GNOSTIC KNIGHTS TEMPLAR JOURNEYS**  
Mark and Andrea Pinkham will be offering a Sacred Sites Journey to Scotland in 2010 to visit Templar-related sites, such as Rosslyn Chapel, located a few miles south of Edinburgh.

Information to be posted on our website as the journey is finalized.



**YouTube.com Videos with Mark Amaru Pinkham  
Now Available for Viewing!**

**[Introduction to The International Order of Gnostic Templars](#)**

**[Secrets of the Knights Templar - Part 1](#)**

***The Gnostic & Alchemical Mysteries of the Knights Templar***

**[Secrets of the Knights Templar - Part 2](#)**

***The Knights Templar and Mary Magdalene***

**[Secrets of the Knights Templar - Part 3](#)**

***The Knights Templar and the Creation of Modern Freemasonry***

**[Secrets of the Knights Templar - Part 4](#)**

***The Knights Templar and the Goddess***

**Part 5 to be posted soon!**

**[Secrets of the Knights Templar - Part 6](#)**

***The Knights Templar and Paganism***

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## **SHARINGS FROM SACRED TRAVELERS**



**Click on the link below to read Daryl's account of his spiritual pilgrimage to  
Greece,  
["Epidauros"](#)**

## Message from The Kumaras

January 18, 2009

Received by Andrea Mikana-Pinkham

"Greetings to you all! We do bring Greetings of Love to those of you in the third dimensional vibratory frequency. **We are Kumara. That which you Be. That which is Love, the substance that is the All That Is.** We are most pleased to be in energetic communication with you, both through that which is the written word, as well as through the energetic communication that is being sparked in your cellular structure on all levels of your Beingness as you read these words.

**Kumara we are. We are what you humans refer to as the oversoul, the combined frequency of those Beings you refer to as Kumaras.** Both those Kumaras that have taken incarnation upon your planet in what you call your times past, as well as still being in contact with you humans in each moment. We are what you might call Overseers of the human race.

We are here in energetic communication with you to convey some suggestions about **what you can do during this time of your year of 2009, to keep pace with the increasingly elevated frequencies** of your planet, galaxy and universe. As indeed they are ever-increasing and will continue to do so!

We suggest that each day you take some time to be in **gratitude**, to not only remember, but to give voice, either out loud or silently, for the blessings you have in your life. For they are many! This act will take your cellular frequency to a more refined or what you call higher level. It will open up the spaces between the sub-atomic particles in your cells. The particles will then become more excited - more energetically in motion - which will open up more space for that which is Love, that which IS Universal Consciousness to come into the space, to fill the space. So do be in gratitude daily. Take inventory at some point during the day. When you do it is not as important as performing the act itself.

In addition to being in gratitude, also consider what you can do to be in **service** to your Brothers and Sisters, to all life living on your great earth. For some of you it will mean to look at what you can do for the Brothers and Sisters who have come from other places to be on this earth, as well as energies from other dimensions. **Take time to be kind and gentle to all Beings, to send out loving energies to all of Consciousness.** Again, use your words and thoughts. Send these energies to those that are asleep, as you call it, on your planet. To those who wish to control others and gain power over them to promote their own agendas. Send them kind and loving thoughts. If you can exercise kind and loving actions toward them, all the better!

**Stop watching the regular news media.** You are being subliminally programmed. Not only by the words that are said, but moreso by the words that are not said. You do not

know what you are actually hearing on all levels of your being when you are watching these programs. If you do decide to watch them, then cleanse yourself before and after on all levels. It is not that you should not know what is going on in your world; that is not the point. The point is to keep your energy field as clear as possible. Because there are energies upon the planet (and from other dimensions as well!) that would like to control your energies, your thoughts and your actions. But, there are also other forces upon the planet that are working very hard each day to balance out or cancel out the actions of those energies, and uplift Consciousness to its highest potential.

**Take time each day to be in sunlight**, even for five minutes. This is very important, as the energy frequencies on your planet are changing. There are frequencies from other dimensions that are intermeshing with the energies on the planet. Being in sunlight will help with the integration of the higher light frequencies.

Gather together with other family members, friends, fellow Lightworkers, your spiritual Brothers and Sisters. During this time of great transition **it's important to be with those of like mind**. Do not isolate yourself. It's good to have private time, but it's important to come together and to give voice to your vision of the future, and to hold the visions for each other. Do this on as frequent a basis as possible.

Finally, we would like for you to know that there is a huge **wave of energy** that is coming into the energy field of your planet, thus affecting all life on it, now and during the next three months. (Date of this communication is January 18, 2009). You relate to the vibrational frequencies of this wave as the colors deep emerald green and very light purple. During this time if you wish to be in harmony with these frequencies as they move through your Being, your planet, your galaxy, wear these colors as gemstones or clothing. After these three months will come a wave of the orange color. Then you will be very much wanting to connect with each other to create. So, during these current three months it is important to be in touch with your heart and your own intuitive processes. Then, you can join with others in co-creation of the embodiment of Unconditional Love in All.

**- The Kumaras, That Which Is Unconditional Love, Which Is What YOU Be.**

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## **Ichi Sekai (One World) Reiki - Level 1 Training**

**February 7 and 8, 2009  
In the beautiful Red Rock Country of Sedona AZ**

**Taught by Andrea Mikana-Pinkham  
Reiki Grand Master, Ichi Sekai Reiki**



Reiki (ray-kee) is a traditional Japanese healing art that has been shared in most countries throughout the world. The word itself translates as "Universal Life Energy."

This is the energy of life with which you were born.  
Therefore it's your birthright to channel this energy through your hands for your own self-healing,  
and to assist others in theirs.

As a Reiki practitioner the energy flows through your hands to yourself or the person who is receiving a Reiki treatment from you at a rate corresponding to the need for it, moving throughout the Being to bring balance on all levels - physical, mental, emotional, and spiritual.

**Investment for Reiki Level 1 Weekend Seminar: \$150.00**

For more information about Reiki and how to register,  
visit <http://www.gnosticemplars.org/reiki.html>

**Questions? Call Andrea at 928 284-2384 or email [AMikana@gmail.com](mailto:AMikana@gmail.com)**

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## FEATURED LINKS & ANNOUNCEMENTS

### WESTERN and/or VEDIC ASTROLOGY READING

Gift yourself or someone in your life with an insightful reading that will be supportive to you in the coming year and beyond!

With astrologer, author and spiritual teacher  
Mark Amaru Pinkham

<http://www.gnosticemplars.org/astrology.html>

### Emerald Energies

The Leading Circulator of Metaphysical & Spiritual Electronic Media

<http://www.emerald-energies.com/>

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If you would like a flyer of our 2009 Sacred Sites Journeys click on the link below

<http://www.sacredsitesjourneys.com/SacredSitesJourneysTours2009-Color.pdf>

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**NOT ON OUR EMAIL LIST?  
WANT TO RECEIVE OUR MONTHLY E-NEWSLETTER?**

If you are receiving this email as a forward from a friend,  
and would like to receive your own copy of our monthly  
Sacred Sites Journeys Travel E-Newsletter, please sign up at  
<http://www.sacredsitesjourneys.com/signup.htm>

**We'll email you a Sacred Sites Journeys  
Travel Discount Coupon that you can use to save \$  
if you decide to travel with us in the future!**

**IMPORTANT!**

We will not sell or share your information with any other company or any individuals.  
And, you can easily un-subscribe at any time.

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I hope to have the honor to travel with you in 2009 on one (or more!) of our Sacred Sites Journeys. I'm here to support you to deepen your spirituality through sacred travel and enrich your life in many exciting and inspirational ways!

Please contact me if you have any questions or need more information about any of these upcoming spiritual pilgrimages.

Peace and Blessings to you!  
Andrea

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Sacred Sites Journeys  
Andrea Mikana-Pinkham, Founder/Director  
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928 284-2384 or 928 814-0773

**Please forward this email to anyone who you think might be interested in receiving our information. Thanks!**

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