



SACRED SITES JOURNEYS

www.SacredSitesJourneys.com

JUNE 2009 E-NEWSLETTER

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Highlights of our Sacred Sites Journey Women's Retreat in Costa Rica: Goddesses in Paradise May 16 - 23, 2009

Our Women's Retreat was an awesome success!

All of the Goddesses who accompanied me on this spiritual retreat enjoyed themselves immensely! We arrived at **AmaTierra Wellness Center and Retreat**, in the hills about an hour southwest of San Jose, at the beginning of the Green Season. Which meant our surroundings were lush and beautiful. The weather was perfect! It was sunny in the mornings, though not too hot. In the afternoon the clouds from the ocean rolled in and it rained, some days more than others. Though it always stopped each day in time for dinner.



Our Goddess group met in the open-air yoga studio each day for **sessions** to further **activate the energy in our chakras, as well as our intuition, and our Goddess selves in general**. The energy in the studio is quite powerful; it's definitely on an energy vortex, which served to enhance our meditations. We were surrounded by the Earth Mother Herself in all her green glory, as well as by birds, insects, and even a couple of monkeys that appeared on one of the days. We were definitely in Paradise!

We heartily enjoyed three healthy, nutritious and scrumptious **meals** a day - and on the balcony overlooking the mountains! **Free time** and **relaxation** was the order of the day every day - lounging by the pool, or swimming, relaxing in our casitas, or taking a hike down to the pond to feed the fish, or to the creek to sit and meditate.



Everyone took advantage of the retreat center's awesome **wellness services** - massages, energy work, spa therapies (a chocolate facial!), and herbal and nutritional consultations. As well as Jill's morning yoga classes, which were gentle, yet powerful enough to get the blood and energy flowing.

We took two full day visits away from the retreat center. The first was to the **beach**, about an hour's drive west to the warm waters of the Pacific. Time for **swimming**, as well as **beachcombing** and **relaxing** in hammocks strung among the palm trees. Later we went into the local town for lunch and a bit of retail therapy. On the way back we stopped to take a quick



look at the crocodiles who live under one of the bridges, but ones!



On another day we went to **Turubari Eco Park**, one of the country's best, and it's only 20 minutes away. Goddesses zipping across the tree tops; what fun! We followed this with a hike through the rain forest where we saw butterflies, iguanas, crocodiles, monkeys and macaws! We enjoyed yet another fabulous lunch of typical Costa Rican delicacies. Couldn't have been better!

We're already planning another Goddesses in Paradise Retreat for 2010. Details will be posted in our enewsletter, so stay tuned!

Sacred Sites Journeys Weekly Radio Show



Fridays 10:00AM PDT
on Voice America's 7th Wave Network
To listen to the shows live, click on the link below
<http://www.modavox.com/voiceamerica/vchannel.aspx?cid=250>

UPCOMING SHOWS in JUNE 2009:

Friday, June 5th

IRELAND: Sacred Sites of the Emerald Isle

Guest: Karen Tate

**Author of *Sacred Places of Goddess: 108 Destinations*
and *Walking an Ancient Path: Rebirthing Goddess on Planet Earth***

Friday, June 12th

INDIA: Holy Land of Sacred Temples & Ancient Wisdom

Andrea will be leading our Sacred Sites Journey in Peru.

Guest Host: Mark Amaru Pinkham

Mark has traveled to India many times, leading groups of seekers on spiritual pilgrimage.

He lived in ashrams in the country for nearly three years, and visited other ashams, temples and spiritual teachers throughout the country.

Friday, June 19th

SCOTLAND: Land of Celts and Knight Templars

Andrea will be leading our Sacred Sites Journey in Peru.

Guest Host: Mark Amaru Pinkham,

Grand Prior of The International Order of Gnostic Templars

Mark has visited Scotland many times as a tour guide for spiritual groups.

He has received numerous Knight Templar accolades from the Prince Henry St. Claire Perceptory in northern Scotland.

And there MAY be a special "Surprise Guest"!

Friday, June 26th

ENGLAND: The Sacred Mysteries of Stonehenge & Avalon

Guest: Nicholas Mann

Author of Energy Secrets of Glastonbury Tor, The Isle of Avalon, and Druid Magic

For more information about these upcoming programs, or to listen to archived programs about Peru, Egypt, England and Sedona, click on the link below:

<http://www.modavox.com/voiceamerica/vshow.aspx?sid=1530>

2009 Sacred Sites Journeys



PERU: Mystical Journey to Machu Picchu June 13 - 20, 2009

with an optional Extension to Lake Titicaca June 20 - 24

Tour Registration is Closed. Tour begins June 13th.



ENGLAND: Mystical Journey of Initiation to Avalon

July 19 - 25, 2009

Registration for this awesome spiritual pilgrimage closes on July 3rd.

We only have a few spaces left, so if you're considering joining us,

please call our office at 888 501-3853 (Toll free in the US)

or 928 284-2384 for a registration form.

Or email us at info@SacredSitesJourneys.com



IRELAND: Spiritual Pilgrimage to Sacred Sites

September 19 - 27, 2009



GREECE: Spiritual Pilgrimage, including a Greek Island Cruise

October 11 - 22, 2009



EGYPT: Sacred Journey of Initiation

November 7 - 20, 2009

Optional post tour class: Learn ancient Egyptian Healing Techniques: November 20 - 22

To view complete itineraries (with lots of photos!) and obtain pricing for these Sacred Sites Journeys, visit our website at: www.SacredSitesJourneys.com

To receive a **REGISTRATION FORM**, please email Andrea at
Andrea@SacredSitesJourneys.com
Call 888 501-3853 (Toll Free in the US) or 928 824-2384

2010 Sacred Sites Journeys

COSTA RICA: Goddesses in Paradise Dates to be announced

PERU: Mystical Journey to Machu Picchu June 2010
with optional Extension to Lake Titicaca

If you weren't able to join us in Peru for our annual June 2009 spiritual pilgrimage,
Machu Picchu and the other sacred sites still await you in 2010!

If you'd like to hear more about the Inca Spiritual Tradition in Peru,
you can listen to the **Andean Shamanism Webinar** with Andrea Mikana-Pinkham.

Use the links below to access the Power Point and audio files for the webinar:

Andean Shamanism Webinar - Power Point:

<http://sacredsitesjourneys.com/Peru-June2009/AndeanShamanisimInPeru.ppt>

Andean Shamanism Webinar - Mp3 Audio File:

<http://www.sacredsitesjourneys.com/Peru-June2009/WebinarAndeanShamanism.MP3>

Please fast forward through the beginning technical difficulties we had getting folks online to access the beginning of the webinar. Thanks!

Astrological Influences for June 2009 By Mark Amaru Pinkham, Western and Vedic Astrologer

The craziness of the past couple of months should finally slow down in your life during June as some of the outer planets begin moving backwards or "retrograde" in the heavens. This trend will continue through the summer, so those of you who typically take a **summer vacation** will find it a relaxing time in more ways than one! The **relationship discord** you felt in May should subside beginning on the 6th when Venus moves out of Aries, sign of the warrior, and into peaceful Taurus. With Mars also in Taurus during the rest of the month, which is the Zodiacal sign associated with Earth, June will be excellent for all **outdoor activities and adventures**. It should also be good for most **business transactions** because Taurus rules money and the planet of commerce, Mercury, is finally moving forward again. All **spiritual work and adventures** are also highlighted this month as Jupiter, the planet of spiritual evolution and understanding, and Neptune, the planet of mysticism and

interdimensional experience, enhance each others energy by continuing to move together in the heavens as they have for the last couple of months.

For more information about Mark and his Astrology practice, visit this link:

<http://www.gnostictemplars.org/astrology.html>

Links

AmaTierra Retreat Center in Costa Rica Couples Retreat: Rekindle the Passion - Deepen the Commitment

August 12 - 16, 2009

with Psychotherapists Mark and Marsha Friedman

Bring your relationship into nature and **recharge** your emotional and spiritual batteries.

Deepen your connection with new communication tools, accentuate the positives and **see your partner in a new Light**.

Working in playful ways, learning couples massage and gaining insights during a horse reflection day will all be part of this enriching 4 days together in Paradise.

After the workshop, explore Costa Rica in one of the best vacations you've ever had together.

We can help! Enrollment limited to 8 couples.

For more information, visit this link: <http://www.amatierra.com/events.html#Couples>

Earth Creativity School

**Inner Space Journeys of Discovery and Wonder
through Connecting with Mother Earth & Awakening Creativity**

<http://www.earthcreativity.org/>

Emerald Energies

The Leading Circulator of Metaphysical & Spiritual Electronic Media

<http://www.emerald-energies.com/>

The International Order of Gnostic Templars

A Modern Day Knights Templar Order

Dedicated to the Revival of Gnostic Wisdom and the Goddess Tradition

<http://www.gnostictemplars.org/>



A WORD FROM ANDREA: June and July will be busy months for Sacred Sites Journeys, and for me, as I will be accompanying our groups to **Peru** and **England**. Despite the challenges of our sagging economy, people who see **sacred travel as a way to deepen their spirituality** are participating in our spiritual pilgrimages. They're using their spiritual principles to manifest their travel funds, and Spirit is indeed Blessing them.

I will be with our group in Peru this month (though business as usual will go on in our office). This is my 15th year leading tours to Pachamama Land, and I can still hardly wait to get back to the heart of the feminine energy on our planet today! And to work with my dear Brother of the Heart and our spiritual Tour Guide **Pepe Altamirano** to our support our group members in their positive life-changing sacred travel experiences. **Machu Picchu** and **Lake Titicaca** are waiting for us to reveal their ancient mysteries and loving gifts of Spirit.

In July I'll be with our group in England, as we explore the magic and mystery of Avalon. Our home base for the week will be in Glastonbury. Our Priestess of Avalon Guide **Koko Newport** and our Druid friend **Nicholas Mann** are waiting there for us to support our connections with the powerful energies of the sacred sites and Goddess Tradition. I'm sure that our private entrance at the **Chalice Well** in Glastonbury and at world-famous **Stonehenge** will again be one of the highlights of this pilgrimage for everyone!

Our groups for the Fall are forming. If you're being called to journey with a smaller group of like-minded spiritual seekers to **Ireland, Greece, or Egypt**, I hope you'll decide to join us. All three of these trips offer you the opportunity to not only explore the sacred energies of these ancient lands, but to explore your own inner depths, for your personal growth, as well as for planetary healing and ascension.

Until next month, I leave you with this quote, which is also a song, so hum along or sing it if you know it. There can never be too many reminders in our lives for Peace.



Let There Be Peace On Earth

Let there be peace on earth, and let it begin with me.
Let there be peace on Earth, the peace that was meant to be.
With Goddess as our Mother, family all are we,
Let me walk with them, in perfect harmony.
Let peace begin with me, let this be the moment now.

With every step I take, let this be my solemn vow,
To take each moment and live each moment in peace, eternally.
Let there be Peace on Earth, and let it begin with me.

Peace and Blessings in Spirit to You!
Andrea

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Please pass this on to anyone you feel might be interested in our journeys. Thanks.

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